

Poweshiek County Resource Directory



Poweshiek County, Iowa 2018

Poweshiek County Resource Directory online version:

www.marionph.org

County Office		
Office	Location	Phone Number
Assessor	302 E. Main St. PO Box 516 Montezuma, IA 50171	641-623-5445
County Attorney	4802 Barnes City Rd. PO Box 455 Montezuma, IA 50171	641-623-5135
Auditor	302 E. Main St. PO Box 57 Montezuma, IA 50171	641-623-5443
Board of Supervisors		641-623-2363
Clerk of Court	302 E. Main St. PO Box 218 Montezuma, IA 50171	641-623-5644
Community Services	200 4 th Ave. West PO Box 401 Grinnell, IA 50112	641-236-9199
Conservation	4896 Stagecoach Rd. PO Box 666 Montezuma, IA 50171	641-623-3191
Emergency Management	4802 Barnes City Rd. PO Box 166 Montezuma, IA 50171	641-623-4357
Recorder	302 E. Main St. PO Box 656 Montezuma, IA 50171	641-623-5434
Sheriff	4802 Barnes City Rd. PO Box 297 Montezuma, IA 50171	641-623-5679
Zoning	102 S. 3 rd St. PO Box 418 Montezuma, IA 50171	641-623-3762
Treasurer	302 E. Main St. PO Box 700 Montezuma, IA 50171	641-623-2137
Veteran's Affairs	200 4 th Ave. West Grinnell, IA 50112	641-236-5722

Quick Reference Phone Guide

Affordable Healthcare – www.healthcare.gov	1-800-318-2596
AIDS Hotline	1-800-273-AIDS
Alcoholics Anonymous	1-515-282-8550
Alzheimer’s Disease Helpline	1-800-272-3900
American Association on Diabetes	1-800-232-3472
American Cancer Society	1-800-227-2345
American Council of the Blind	1-800-424-8666
American Foundation for the Blind	1-800-232-5463
American Heart Association	1-800-242-8721
American Kidney Fund	1-800-638-8299
A.R.C. (Association of Retarded Citizens of Iowa)	1-800-433-5255
American Red Cross	1-800-733-2767
Arthritis Foundation	1-844-571-HELP
Better Business Bureau (BBB) – www.bbb.org	1-703-276-0100
Boys Town National Hotline	1-800-448-3000
Child Find of America – 2 nd Line	1-800-426-5678
Child Find of America – Parents Help Line	1-800-AWAYOUT
Child/Adult Abuse/Neglect Reporting	1-800-362-2178
Children’s Wish Foundation	1-800-323-9474
COMPASS for Disabled People (Iowa)	1-800-779-2001
Disability Rights IOWA (Iowa Protection & Advocacy)	1-800-779-2502
Deaf Iowans Against Abuse Hotline	cell to cell text 515-661-4015 or 1-319-531-7719
Office of Deaf Services of Iowa – www.deafservices.iowa.gov	1-888-221-3724
Dependent Adult and Child Abuse	1-800-362-2178
Dependent Adult/Child Referral	1-800-362-2178
Domestic Abuse Hotline	1-800-770-1650
Dyslexia Association (International)	1-800-222-3123
Easter Seal Society of Iowa, Inc.	1-515-289-1933
Epilepsy Foundation	1-800-332-1000
Eye Care – National Help Line	1-877-887-6327
Family Planning	1-800-452-3365
Family Violence (Crisis Intervention Services)	1-800-270-1620
Farm – On (Iowa Concern Hotline)	1-800-447-1985
Federal Insurance Consumer Help Line (Insurance Information Institute - www.iii.org)	1-800-942-4242
First Call for Help (United Way 211 Line)	1-515-246-6555
Foundation Through Crisis	1-800-332-4224
Gambling Hotline	1-800-BETSOFF
G.E.D. or High School Equivalency Diploma (adult basic education)	1-800-316-6850
Hawk – I (Free or Low-Cost Health Coverage for Kids)	1-800-257-8563
Hay Hotline (Hay & Straw selling list for producers to buy from-call to add your product)	1-800-383-5079
Health Information Resource Center – www.health.gov/nhic	1-240-453-8280
Healthy Families Hotline (ISU)	1-800-369-2229
Health and Human Services Information (Iowa Dept. of Human Services)	1-800-972-2011
Hearing & Speech Action (National Association for Hearing and Speech Action)	1-800-638-8255
Hearing Help Line (Better Hearing Institute)	1-800-EAR-WELL
Help Health Drug/Alcohol/Substance Abuse	1-800-662-HELP
Huntington’s Disease Society of America	1-800-345-4372
Iowa Attorney General – Consumer Protection	1-888-777-4590
Iowa Arson/Crime Hotline	1-800-532-1459
Iowa Commission for the Blind	1-800-362-2587
Iowa Commission on the Status of Women	1-800-558-4427
Iowa Compass (disabilities resources)	TTY 1-800-735-2942
Iowa Concern Hotline (ISU)	1-800-447-1985
Iowa Child Abuse Reporting Hotline	1-800-362-2178
Iowa Department of the Blind – www.blind.state.ia.us	1-800-362-2587

Iowa Department on Aging – www.iowaaging.gov	1-800-532-3213
Iowa Foundation of Medical Care (Telligen)	1-800-383-2856
Iowa Legal Aid – www.iowalegalaid.org	1-800-532-1275
Iowa Legal Aid (60 & older)	1-800-992-8161
Iowa Ombudsman (Report concerns on government agencies)	1-515-281-3592
Iowa One Call, 48hr notice required – www.iowaonecall.com	Call 811 or 1-800-292-8989
Iowa Poison Control Center (Emergency: 800-222-1222)	1-712-279-3710
Iowa Sexual Assault Hotline	1-800-284-7821
Iowa Society to Prevent Blindness	515-244-4341 or 1-800-329-8782
Iowa State Bar Association (Locate a Lawyer) – www.iowabar.org	1-800-457-3729
Iowa State Patrol Emergency	1-800-525-5555
Iowa Victim Service Call Center text 'iowahelp' to 20121 or www.survivorshelpline.org	1-800-770-1650
Iowa Workforce Development	1-800-562-4692
IRS (Assistance for Individuals)	1-800-829-1040
ISU Continuing Education	1-800-262-0015
ISU Extension	1-800-854-1658
Juvenile Diabetes Foundation (International)	1-800-533-2873
Legal Aid/Legal Services Corporation of Iowa	1-800-452-0007
Living Bank Organ Donation	1-800-528-2971
Lupus Foundation	1-800-558-0121
Lymphedema Network (National)	1-800-541-3259
Medical Alert/Connect America – www.MedAlert.net	1-800-215-4206
Medicare	1-800-633-4227 or 1-800-MEDICARE
Medicare/Social Security	1-800-772-1213
Mental Health Information and Referral (Emergency Assessment)	1-800-562-4944
Thursday's Child – www.thursdayschild.org	1-800-USA-KIDS
Motor Vehicle Information Center (Iowa DOT)	1-800-532-1121
Multiple Sclerosis Society	1-800-FIGHT MS
National Alcohol Hotline	1-800-252-6465
National Alliance for the Mentally Ill (NAMI)	1-800-950-6264
National Center of Missing and Exploited Children	1-800-THE LOST
National Council on Aging	1-571-527-3900
National Council on Alcoholism	1-800-NCA-CALL
National Down's Syndrome Society	1-800-221-4602
National Institute on Drug Abuse	1-800-729-6686
National Kidney Foundation	1-800-522-9559
National Reyes Syndrome Foundation	1-800-233-7393
Ombudsman/Iowa Citizens Aid	TTY: 515-281-3592 1-888-426-6283 or 1-515-281-3592
Parkinson's Disease (National Parkinson's Foundation)	1-800-457-6676
Poison Control	1-800-222-1222
Refugee Services	1-800-362-2780
Scleroderma Foundation	1-800-722-HOPE
Senior Health Insurance Program (SHIIP)	1-800-351-4664
SIDS American Institute – www.SIDS.org	1-239-431-5425
Substance Abuse Information & Mental Health Treatment Referral	1-800-662-4357
State Civil Rights	1-800-457-4416
STI (STD) Resource Center Hotline	1-800-227-8922
Suicide Prevention Hotline	1-800-273-TALK
Teen Line (ISU extension)	1-800-443-8336
Venereal Disease	1-800-227-8922
Veteran's Information (National) – www.va.gov	1-800-827-1000
Vocational Rehab	1-800-532-1486
WIC (State)	1-800-532-1579

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ABUSE & PREVENTION

Capstone Behavioral Healthcare

Psychiatric therapy for mentally ill; help with substance abuse. Walk-ins accepted.

200 4th Ave. W (upper level)

Website: www.capstonebh.com

Grinnell, IA 50112

Phone: 641-260-8270

Fax: 641-260-8213

Family Crisis Center

Provide 24 hour crisis line, one-on-one counseling, general support services, court advocacy, medical advocacy, and housing advocacy

1014 N. Elm St.

PO Box 446

Website: ottumwacrisiscenter.org

Ottumwa, IA 52501

Phone: 641-683-1750

24hr Crisis Line: 800-464-8340

- Poweshiek Co. Advocate: Kelly More (641-799-2370) or email (kellym@ottumwacrisiscenter.org) Non-emergency use

Crisis Intervention Services (CIS)

Provide comprehensive sexual assault services, violent crime services, prevention programming, and emergency housing for victims of domestic abuse, sexual violence, and violent crimes for the counties of Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Poweshiek, Wapello, & Wayne

Grinnell Office

810 5th Ave. Suite 1

Website: www.stopdvsa.org

Grinnell, IA 50112

E-mail: help@stopdvsa.org

Phone: 641-670-1505 (Office)

- 1-844-673-5499 (Emergency Housing Crisis line)
- 1-800-270-1620 (Sexual Assault Crisis Line)

Iowa Coalition Against Sexual Assault

Provide training and certification for victim counselors and advocates; referrals to other agencies

3030 Merle Hay Rd.

Website: www.iowacasa.org

Des Moines, IA 50310

Phone: 515-244-7424

Iowa Coalition Against Domestic Violence

Provide training, counseling, community outreach, program management, and technical support for the member programs, professionals and the community.

6200 Aurora Ave. Suite 405E

Website: www.icadv.org

Urbandale, IA 50322

Phone: 515-244-8028

Iowa Victim Services: 800-770-1650

Deaf Iowans Against Abuse

Provide support services to help Deaf victims and their families deal with the trauma of Domestic Violence, Sexual Assault, Teen Dating Violence Bullying, and/or Stalking.

24/7 Text Only: 515-661-4015

Website: <https://diaaiowa.org>

24/7 Crisis Hotline V/VP: 319-531-7719

Central Iowa Juvenile Detention Center (In-Home Services)

Behavioral Health Intervention Services (BHIS) Clients must be Title 19 eligible. They may be referred by parents, JCO, DHS, school or other professionals.

2317 Rick Collins Way

Website: www.cijdc.com

Eldora, IA 50627

Phone: 641-858-3852

Prelude Behavioral Services (formerly MECCA)

Prelude provides an array of services including substance abuse and problem gambling treatment, outpatient and residential treatment, halfway and transitional housing, and case management.

Des Moines Location

3451 Easton Blvd.

Des Moines, IA 50317

Phone: 515-262-0349

Website: www.preludeiowa.org

Iowa City Location

430 Southgate Ave.

Iowa City, IA 52240

Phone: 319-351-4357

Substance Abuse Treatment Unit of Central Iowa (SATUCI)

Offers evaluations, outpatient treatment, prevention and education

611 4th Ave.

Website: www.satuci.com

Grinnell, IA 50112

Phone: 641-236-8662

Four Oaks

A safety and permanency option that partners with DHS to keep and/or reunite children with their families

821 5th Ave. Suite 4112

Website: www.fouroaks.org

Grinnell, IA 50112

Phone: 641-236-0900

Youth & Shelter Services of Marshall County

Lighthouse Homes and apartments serve as residences for a unique Transitional Living Program targeting homeless, pregnant young women and young parents, ages 16-25. Shelter for young adults aging out of foster care. The program helps non-system-involved young mothers and fathers become independent and self-sufficient.

11 East State St.

Website: www.yss.org

Marshalltown, IA 50158

Phone: 641-752-2300

Quakerdale – Youth Shelter

Waterloo shelter for at-risk youth; treatment-focused atmosphere

Phone: 319-233-2554

Website: www.quakerdale.org

Quakerdale – Promise Academy

A residential academy for students ages 10 – 18 who seek a private alternative educational setting and desire to develop and work on academic, spiritual, work, career, and life skills.

26866 County Highway S55

Website: www.quakerdale.org

PO Box 8

New Providence, IA 50206

Phone: 641-497-5294

ADVOCACY/OUTREACH/REFERRAL

Grinnell United Way

PO Box 121

Website: www.grinnellunitedway.org

Grinnell, IA 50112

Phone: 641-236-7575

Family Team Meetings

Sometimes families need assistance in developing a plan for a problem or concern. A Family Team Meeting is a meeting of people chosen by the family to identify family strengths, need, and resources. A plan is created that provides for the safety and wellbeing of children in the family. To refer or schedule a family team meeting, please call Grinnell Regional Public Health.

306 4th Ave.

Website: <https://www.grmc.us>

Grinnell, IA 50112

Phone: 641-236-2385

Children and Families of Iowa (CFI)

Mental Health Services, Family-Centered Services. Programs include 24/7 Dads, Community Partnerships for Protecting Children (CCPC), and DHS program Parent Partners.

111 E. Main St.

Website: www.cfiowa.org

Ottumwa, IA 2501

Phone: 641-954-1233

Parent Partners (DHS program)

This program is about parents helping parents who are involved with the child welfare system. Parent advocates are birth parents who have been through the "system" and have had successfully resolved cases. The primary goal is to help birth parents get their children returned to them. Parent partners provide support and motivation for those parents who need the extra push to begin their case plan activities. The program is funded by Iowa DHS and administered by Children and Families of Iowa.

111 E. Main St.

Website: www.dhs.iowa.gov/parent-partners

Ottumwa, IA 52501

Phone: 641-954-1233

Iowa Aftercare Services Network (IASN)

Is a group of organizations across the state who work together to support youth who have aged out of foster care or other out-of-home placement. We can help if you are 18,19 or 20 years old and have left foster care placement at age 18 or older. Marshalltown Youth and Shelter Services covers Poweshiek, Tama, Jasper, Marshall and Grundy counties.

Contact Darcy Andersen at 641-752-2300

Website: www.iowaaftercare.org

Visiting Nurse Services (VNS) of Iowa

1111 9th St. #320

Website: www.vnsia.org

Des Moines, IA 50314

Phone: 515-288-1516

Healthy Homes Family Services

Offers mental health counseling for all ages, individuals, couples, and families as well as the BHIS services. Behavioral Health Intervention Services (BHIS) In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

812 Commercial St.

Website: www.healthyhomesfs.com

Grinnell, IA 50112

Phone: 641-236-0273

Habitat for Humanity

Call to donate building items or check if items are available for purchase.

402 E. 1st Ave.

PO Box 782

Newton, IA 50208

Phone: 515-250-8857

Lions Clubs of Iowa

Provides support to the following programs: Iowa Cochlear Implant Center, Iowa Department for the Blind, Iowa Kidsight, Iowa Lions Eye Bank, Iowa Lions Hearing Aid Bank, Iowa School for the Deaf, Leader Dogs for the Blind, and Camp Courageous of Iowa.

2300 S. Duff Ave.

Website: www.iowalions.org

Ames, IA 50010

Phone: 515-232-2215

Email: info@iowalions.org

Mid-Iowa Community Action (MICA)

MICA is a private, non-profit organization serving children and families in central Iowa. Services include: Family Development Center, food pantry, and Head Start.

611 4th Ave.

Grinnell, IA 50112

Phone: 641-236-3923

MICA WIC Clinics (Well Child)

WIC gives vouchers for formula, milk, and nutritious food supplies, and medical referrals for income-eligible pregnant women, nursing mothers, and children to five years of age. Clinics are run out of the MICA office in Marshalltown.

Phone: 641-753-4816

Toll Free: 800-390-5293

- In Grinnell: Light Center for Community Health (306 4th Ave.)
 - 3rd Tuesday 8:30am-3:30pm; 4th Tuesday 8:30am-5:00pm
- In Brooklyn: United Methodist Church (603 Clay St.)
 - 3rd Monday 9:00am-2:00pm

Big Hands 4 Tiny Hearts

Support for NICU babies and families for Poweshiek County residents.

Phone: 641-236-5518

- Find on Facebook @BigHeartsForTinyHands

ASSISTANCE – Clothing

Clothes Closet

Provide clothing and household items at no cost to anyone in need

109 S. 4th St. Unit C

Montezuma, IA 50171

Phone: 641-891-4010

Second Mile

Inexpensive used clothing, furniture, and much more.

515 3rd Ave.

Grinnell, IA 50112

Phone: 641-236-7892

Goodwill Industries

Inexpensive used clothing and furniture

230 West St.

Grinnell, IA 50112

Phone: 641-236-7312

Andersen Used Furniture

Inexpensive used furniture

1018 Washington Ave.

Grinnell, IA 50112

Phone: 641-236-3466

Phase 2 Consignment

914 Main St.
Grinnell, IA 50112
Phone: 641-236-8126

Salvation Army Poweshiek County Service Extension #261

303 E. Washington St. Website: www.centralusa.salvationarmy.org
Montezuma, IA 5011
Phone: 641-623-3275

White's Consignment

806 S. Front St.
Montezuma, IA 50171
Phone: 641-623-2208

Once and Again Consignment

102 N. Orchard St.
Brooklyn, IA 52211
Phone: 641-522-2333

ASSISTANCE – Financial

Christmas Shares

Program to help low-income families by purchasing gift items. Families should call to sign up for the program.

Contact: Pam Montgomery
Phone: 641-236-7402

Christmas Joy

Program offered through the Montezuma Ministerial Association to help low-income families living within the Montezuma school district with gifts for custodial children. Program collaborates with Christmas Share in Grinnell: families may sign up for one or the other program but not both. Sign up at the First Presbyterian Evangelical Church October the 4th weekend of the month. Bring identification to serve as current address verification. Call for more information.

Phone: 641-623-3275

The Campbell Fund

Financial assistance for groceries, taxes services, utilities and medical services for income-eligible Grinnell residents.

City of Grinnell
520 4th Ave.
Grinnell, IA 50112
Phone: 641-236-2600

Website: www.grinnelliowa.gov

Social Entrepreneurs of Grinnell (SEG)

Emergency Loan Program

This program provides no-interest loans for emergencies such as car repair, temporary loss of income, or medical emergencies. It is also intended to serve as an alternative to predatory loans.

932 Broad St.

Website: www.segrinnell.org

PO Box 481

Grinnell, IA 50112

Email: grinnellmicrofinance@gmail.com

Child Support Recovery Unit (CSRU)

204 ½ West State St.

Website: www.childsupport.ia.gov

Marshalltown, IA 50158

Phone: 641-753-6408

Phone: 888-229-9223

VITA Tax Program

Poweshiek County ISU Extension & Outreach

Phone: 641-623-5188

- *Call for an appointment in February or March*

ASSISTANCE – Food & Nutrition

MICA Women, Infant & Children Nutrition Program (WIC)

For children 0-5 years old and women who are pregnant, breastfeeding, or just had a baby. This program provides nutritional education and checks to families to purchase baby formula, milk, eggs, & other healthy foods.

Mid-Iowa Community Action (MICA)

611 4th Ave.

Grinnell, IA 50112

Phone: 641-753-4816

Toll Free: 800-390-5293

Grinnell Community Meal

FREE meal prepared by community members and Grinnell College Social Justice Action Group. Open to anyone.

Davis Elementary School (Cafeteria)

818 Hamilton Ave.

Grinnell, IA 50112

Email: SJAG@grinnell.edu

- *Tuesdays from 5:45 to 6:30pm (Except during the month of August and the weeks of Christmas and New Year)*

ISU Extension and Outreach

Offers recipes that are low-cost and nutritious.

Website: www.extension.iastate.edu/foodsavings/recipes/all

Food Recovery Network

Prepared foods are available for pickup. Bring your own containers.

First Presbyterian Church

Phone: 641-236-6059

1025 5th Ave.

Grinnell, IA 50112

- *Tuesday, Wednesday, Thursdays from 12:00-1:00pm (Tuesday only in summer and during all college breaks)*

Station Clubhouse

729 Pearl St. (lower level of Pearl St. Apts.) Park on west side of building

Grinnell, IA 50112

- *Saturdays at 2:00pm (Except during summer and all college breaks)*

Imagine Grinnell – Garden Plots

Coordinates the Grinnell Community Garden, which offers low-cost and free growing space. Plot reservations are due in the month of March; the growing season is April through November. Also provides FREE summer educational programming.

PO Box 344

Website: www.imaginegrinnell.org

Grinnell, IA 50112

Phone: 641-236-5518

SNAP (Food Stamps)

This is a DHS program. MICA can give families the application forms for this and other DHS programs. The Grinnell Farmer's Market accepts SNAP payments.

MICA (Mid-Iowa Community Action)

Phone: 641-236-3923

Local Foods Connection

Purchases local food for low-income residents of the Grinnell community through the form of CSA shares, farmers' market credits, and bulk deliveries to agency partners.

PO Box 719

Grinnell, IA 50112

Phone: 641-990-0018

Grinnell Food SHARE (Food buying co-op)

Order and pay for food the first Tuesday of each month from 12:30-1:30m. Pick up food on the fourth Saturday of every month.

Phone: 641-236-3972 (Robin Young)

Order & Pay

Grinnell Senior Center

927 4th Ave.

Grinnell, IA 50112

Website: www.shareiowa.com

Pick Up

St. Mary's Religious Education Center

1013 Broad St.

Grinnell, IA 50112

Bountiful Baskets Food Co-op

Not-for-profit food co-op for families that want to have more fresh produce for less money.

Website: www.bountifulbaskets.org

- *Find local information by selecting the tab "Locations" and enter IA for the state*

Meals on Wheels

Grinnell Senior Center

First Baptist Church

925 East St.

Grinnell, IA 50112

Phone: 641-236-2612

- *Meals on Wheels and Congregate (on site) Meals*

Brooklyn Activity Center

122 Jackson St.

Brooklyn, IA 52211

Phone: 641-522-5400

- *Meals on Wheels and Congregate (on site) Meals*

Montezuma Nursing and Rehab

316 Meadow Lane Dr.

Montezuma, IA 50171

Phone: 641-623-5497

- *Meals on Wheels*

Food Pantries

Mid-Iowa Community Action (MICA)

Operates an emergency food pantry for those in need; distributes vouchers for milk and bread provided by local churches; distributes fresh produce from local farmers.

611 4th Ave.

Grinnell, IA 50112

Phone: 641-236-3923

- *Monday through Friday from 8:30am – 4:30pm*

Brooklyn Food Pantry

St. Patrick's Catholic Church

211 Jackson St.

Brooklyn, IA 52211

Phone: 641-522-7185 or 641-522-9283

- *Wednesdays from 2:00 – 6:00pm*

Malcom Food Pantry

Methodist Church

602 4th St.

Malcom, IA 50157

Phone: 641-528-4004

- *Thursdays from 4:00 – 6:00pm*

Montezuma Food Pantry

The client choice pantry is for Poweshiek county residents only. Clients must meet government guidelines of household income not exceeding over 185% of federal poverty threshold and have updated ID to serve as address verification and list all living in the household with DOB, and SS.

Community Hope Church

501 N. Front St.

Montezuma, IA 50171

Phone: 641-623-3275

- *Mondays 10:00am-12:30pm, Wednesdays 2:00-4:30pm, Thursdays 4:30-6:30pm, and Friday 1:00-3:00pm*

Malcom Mobile Food Pantry

Food from Northeast Iowa Food Bank

Malcom Auditorium

212 Main St.

Malcom, IA 50157

Phone: 641-528-4245

- *1st Wednesday of every month at 4:30pm*

Food in the Schools

Free and Reduced Lunch Programs

Paid for through USDA, this program offers free and reduced-cost lunches to income-eligible children. Sign up through the schools.

Grinnell-Newburg CSD

Contact: Carrie Nachazel (food service director)

Phone: 641-236-2668

Email: carrie.nachazel@grinnell-k12.org

BGM School District

Phone: 641-522-7058

Email: bcaldерwood@brooklyn.k12.ia.us

Montezuma CSD

Phone: 641-623-5121

Email: aradeke@montezuma.k12.ia.us

Montezuma Backpack Program

Phone: 641-623-5121

Grinnell Tiger Packs & High School Food Pantry

Food is placed in backpacks for students in need (identified by school staff or family). Questions may be addressed to Grinnell High School, which also has a small food pantry.

Phone: 641-236-2720

Summer Lunch Program

Grinnell CSD

Davis Elementary School

818 Hamilton Ave.

Grinnell, IA 50112

Phone: 641-236-2775

- *June 4, 2018 – August 3, 2018 From 11:00am-12:30pm*

Montezuma CSD

Phone: 641-623-5121

ASSISTANCE – General

General Assistance (Community Services)

General assistance provides emergency assistance to Poweshiek County residents to meet basic needs such as food, shelter, medical and utilities. It is not intended to provide on-going, long term assistance to any individual and/or family.

200 4th Ave. West

PO Box 401

Website: www.poweshiekcounty.org

Grinnell, IA 50112

Phone: 641-236-9199

Iowa Department of Human Services (DHS)

717 5th Ave. Suite 6

Website: www.dhs.iowa.gov

Grinnell, IA 50112

Phone: 641-792-1955

- *Office by appointment only (served by Jasper County Office)*

Assurance Wireless

Federal lifeline assistance program that provides free cell phones to income-eligible people.

PO Box 5040

Charleston, IL 61920

Phone: 888-898-4888

Website: www.assurancewireless.com

House of Compassion

Services include free evening meals, supply closet, and dental/prescription vouchers.

211 W. Church St.

Website: www.houseofcompassion.net

Marshalltown, IA 50158

Phone: 641-752-5999

Montezuma Ministerial Association

Local churches working together to meet needs of community residents. Community Needs fund is for emergency need and crisis situation and not for negligence, irresponsibility, or repeated use throughout the year. Application for assistance is available from client in-take worker (usually a pastor) at the Montezuma Food Pantry during their hours of operation. No immediate assistance available: may have a 72hour wait for determination. Welfare secretary Darla Wilson available to answer inquiry calls.

Phone: 641-623-3275

Salvation Army Poweshiek County Service Extension #261

Call welfare secretary, Darla Wilson, for information and an appointment. Provides assistance within the county for a variety of emergency needs according to SA guidelines.

First Presbyterian Church

303 E. Washington St.

Montezuma, IA 50171

Phone: 641-623-3275

Brooklyn Ministerial Association

503 Clay St.

Brooklyn, IA 52211

Phone: 641-522-9298

Grinnell Ministerial Association

MICA will screen candidates for rent, utilities, and gas vouchers for residents of Grinnell, Malcom, Newburg, and Searsboro. Grinnell Police Department distributes 1 time vouchers for hotel room and meals for transient persons.

Phone: 641-236-4748

Mid-Iowa Community Action (MICA)

Emergency funds for rent, utilities, and gas vouchers for medical appointments. Low-Income Home Energy Assistance Program (LIHEAP), budgeting assistance. .

611 4th Ave.

Grinnell, IA 50112

Phone: 641-236-3923

Partnership for Prescription Assistance

Helps connect people to prescription assistance programs

Phone: 888-477-2669

Website: www.pprx.org

SafeNet Rx

Provide low-cost pharmaceutical access to our most vulnerable populations while generating significant cost savings across health systems

Phone: 515-327-5405

Website: www.safenetrx.org

Toll Free: 866-282-5817

NeedyMeds

Find help with the cost of medicine

Phone: 800-503-6897

Website: www.needymeds.org

ASSISTANCE – Utility

Low-Income Home Energy Assistance Program (LIHEAP)

Helps low-income families and individuals pay their heating bills through energy assistance grants. The grant results in a one-time payment for an eligible household's heating costs.

611 4th Ave.

Grinnell, IA 50112

Phone: 641-236-3923

CHILD CARE – Finding Care

Iowa Child Care Resource & Referral of Central Iowa

Helps parents find child care and provides home providers, centers and preschools with consultation, staff training and registration information and resources to improve the quality of care provided.

Orchard Place

Website: www.iowaccrr.org

808 5th Ave.

Des Moines, IA 50309

Local Consultant: 641-820-1923

Regional Office: 800-722-7619

CHILD CARE – Resources and Education for Child Care Providers

Iowa Child Care Resource & Referral of Central Iowa

Provides information and support on child care registration and program licensure. Offers regular training, resources and financial support to improve the quality of child care.

Orchard Place

Website: www.iowaccrr.org

808 5th Ave.

Des Moines, IA 50309

Local Consultant: 641-820-1923

Regional Office: 800-722-7619

CHILD CARE – Child Care Centers

Zuma Zoo Daycare Center

108 E. Irwin St.

Website: www.zumazoodaycare.com

Montezuma, IA 50171

Phone: 641-623-3457

Grinnell Community Daycare & Preschool

1436 Penrose St.

Website: www.grinnellcommunitydaycare.com

Grinnell, IA 50112

Phone: 641-236-7214

CHILD CARE – Preschools

- See [Education](#) – Preschools

CHIROPRACTIC

Brown Chiropractic

304 West St.
Grinnell, IA 50112
Phone: 641-236-5743

Website: www.bjbrowndc.com

Healing Hands Chiropractic

809 4th Ave.
Grinnell, IA 50112
Phone: 641-236-0309

Koenen Chiropractic Clinic

933 West St.
Grinnell, IA 50112
Phone: 641-236-7565

Strovers Chiropractic Care

807 Broad St.
Grinnell, IA 50112
Phone: 641-236-9355

Utech Chiropractic, P.C.

603 6th Ave.
Grinnell, IA 50112
Phone: 641-236-8988

Website: www.utechchiropracticpc.com

Utech Integrative Health, P.C.

629 West St. S #300
Grinnell, IA 50112
Phone: 641-236-8000

Website: www.utechhealth.com

COMMUNITY GROUPS

Studio 6 and Free Imagination (Grinnell Area Arts Council)

After school arts program for children in grades K-6. Studio 6: Monday – Thursday. Sign up for 2 – 4 days per week. Tuition is charged; some scholarships are available.

926 Broad St.
Grinnell, IA 50112
Phone: 641-236-3203

Website: www.grinnellarts.org

Malcom-Sheridan Youth and After School Program

United Methodist Church

602 4th St.

Malcom, IA 50157

Phone: 641-528-4004

- *Tuesdays from 3:30-6:00pm*

Contact: Dawn Hamilton (641-990-4300)

Heart of Iowa Big Brothers Big Sisters

Heart of Iowa Big Brothers Big Sisters helps to instill hope, introduce children to positive and healthy activities, empower kids to set goals, and encourage them to grow into confident, competent members of the community. Positive outcomes from this one on one mentoring include increased self-esteem, improved student academic success, increased connection to the school community, and improved positive social interactions.

811 E. Main St. Suite 200

Marshalltown, IA 50158

Phone: 641-753-6370

Website: www.heartofiwabigs.org

Email: bbbsgrinnell@gmail.com

Grinnell Little League

The Grinnell Little League's mission is to teach youth, ages 4-14, the fundamentals of baseball and softball in a safe and fun environment

Website: www.eteamz.com/grinnelllittleleague1

Email: grinnelllittleleague@gmail.com

Girl Scouts of America

10715 Hickman Rd.

Des Moines, IA 50322

Phone: 800-342-8389

Local contact: 641-236-6403 (Linda Tish) Email: ltish@iowatelecom.net

Website: www.girlscoutsiowa.org

Boy Scouts of America

6123 Scout Trail

Des Moines, IA 50321

Phone: 515-266-2135

Local contact: 641-990-8405 (Mike Sokol) Email: mssokol@windstream.net

Website: www.midiowacouncilbsa.org

Poweshiek County Extension – 4H Program

4H empowers youth to reach their full potential working and learning in partnership with caring adults. To contact a club or join 4H call or visit the website.

114 S. Third St.

PO Box 70

Montezuma, IA 50171

Phone: 641-623-5188

Website: www.extension.iastate.edu/poweshiek

COUNSELING & CONSULTATION SERVICES

Capstone Behavioral Healthcare

Psychiatric therapy for mentally ill; help with substance abuse. Walk-ins accepted.

200 4th Ave. W (upper level)

Website: www.capstonebh.com

Grinnell, IA 50112

Phone: 641-260-8270

Fax: 641-260-8213

Creative Hope Counseling

Offers mental health therapy for children, adolescents, and adults dealing with a myriad of issues, and using various techniques, including art/play therapy

106 N. 8th St.

Website: www.creative-hope.com

PO Box 946

Montezuma, IA 50171

Phone: 641-226-2665

Healthy Homes Family Services

Offers mental health counseling for all ages, individuals, couples, and families as well as the BHIS services. Behavioral Health Intervention Services (BHIS) In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

812 Commercial St.

Website: www.healthyhomesfs.com

Grinnell, IA 50112

Phone: 641-236-0273

Berryhill Psychiatry

Pediatric general psychiatry and ADHD; adult general psychiatry (refers for psychometric testing)

Megan Berryhill, ARNP

709 1st Ave. W. Suite 3

Newton, IA 50208

Phone: 641-275-7759

- Takes appointments at Healthy Homes in Grinnell

The Station Clubhouse

The Station Clubhouse is dedicated to the recovery of men and women with mental illness by providing opportunities for our members to live, work and learn while contributing their talents through a community of mutual support. Our goals is a high quality of life for all members.

729 Pearl St.

Grinnell, IA 50112

Phone: 641-236-5325

Pauline M Hampton, MS, SAP, LPHA, LMHC

Mental health and substance abuse services

1297 Holiday Ln.

Brooklyn, IA 52211

Phone: 641-990-1569 or 641-522-4400

Jeff Wells, LMFT, CADC

Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

827 High St.

Grinnell, IA 50112

Phone: 641-236-4680

Bridget Baechtel, LISW

Surgical Associates. Licensed Psychotherapist. Specializes in Bariatric Therapy; PTSD (Trauma); Eating Disorders; Individual, Family, and Group Therapy.

112 4th Ave.

Website: www.grinnellsurgeons.com

Grinnell, IA 50112

Phone: 641-236-4323

Grinnell Counseling (Kun-Hong Lu, LISW)

Collaborative & Strength-Based Counseling. Offering individual therapy and conjoint couples and family work. The office is located near downtown Grinnell, Iowa. In addition to in-person sessions, option of tele-sessions for Iowa residents.

827 High St.

Grinnell, IA 50112

Phone: 641-236-8811

Website: www.grinnellcounseling.com

Davis Psychological Services, PC

A unique approach to marriage counseling and have each person meet individually with Rachael or Dr. Davis, with group meetings occurring occasionally. Davis sees children 4 years-old and up. Experience with a wide variety of issues such as: Autism, Attachment Anxiety/stress, Emotional regulation, Grief and Loss, Behavioral problems, Trauma, Social Interactions. Also offer treatment for depression, anxiety/stress, Post-traumatic Stress Disorder, Coping with emotions, Relationship problems, Grief and loss, Death and dying issues, and Behavior problems. Offer Psychological evaluations include: Weight loss surgery, Memory/dementia, IQ, Personality, Disability, and Diagnostic.

1104 5th Ave.

Website: www.davispsychservices.org

Grinnell, IA 50112

Phone: 641-236-0632

Midwest Counseling, LLC

Counseling services are available in Grinnell. Dr. Robert Detlefsen, DNP, sees all ages and offers psych med management. All major insurance accepted; sliding scale available.

818 4th Ave.

Website: www.midwestcounselingllc.com

Grinnell, IA 50112

Phone: 641-236-1644

H. Jacquie (Ye) Perman, Ph.D.

Strength-based, change-focused approach, from assisting individuals to quickly regain their "footing" in the middle of crisis, improving their coping with circumstantial stressor and pre-existing psychological vulnerability, to healing from complex past trauma.

Phone: 641-812-2990

Website: www.drhjperman.com

Email: drhjperman@gmail.com

Steiner & Associates

Clinical Psychology

821 5th Ave. Suite 403

Grinnell, IA 50112

Phone: 877-944-1200

Website: www.steinerpsych.com

- In Grinnell on Wednesday mornings only

National Alliance on Mental Illness Helpline

Offers general information about mental illness, referrals to local affiliates and support groups, and volunteer support.

Phone: 800-950-6264

Website: www.namiiowa.com

- Jasper County Support Group – 4th Monday of each month at 6:30pm
 - Congregational United Church of Christ (308 E. 2nd St. North, Newton)
 - Contact: 641-792-441

Central Iowa Crisis Line

Central Iowa Community Services has contracted to provide a Crisis Phone Line for residents living in a 10-county area. People can call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce or a serious illness, or it could be a series of smaller problems that have compounded and become overwhelming. A crisis is any stress or pressure that has become too great for a person to cope with alone. Trained, compassionate telephone counselors are available 24 hours a day, 365. All contacts are confidential.

Toll-Free Crisis Line: 844-258-8858

Online Chat Counseling: www.Foundation2CrisisChat.org

* Available Monday-Friday, 9am to 3pm

Text Support: 800-332-4224

* Available Monday-Friday, 9am to 3pm

DISABILITY SERVICES

Iowa Vocational Rehabilitation Services

Provide services to individuals with disabilities to help them achieve their employment, independence, and economic goals.

204 W. State St.

Marshalltown, IA 50158

Phone: 641-352-7942

Website: www.ivrs.iowa.gov

Central Iowa Community Services – Poweshiek County

CICS provides coordination and financial support for mental health and disability services to eligible applicants. Services include service coordination, drop-in centers, mental health crisis services, outpatient non-crisis psychiatry services, housing supports, work supports, and other services.

200 4th Ave. West

PO BOX 401

Grinnell, IA 50112

Phone: 641-236-9199

Email: bdaily@poweshiekcounty.org or Brenda.daily@cicsmhds.org

Website: www.cicsmhds.org

Fax: 641-236-1349

Central Iowa Recovery

Provides support during recovery and on-going care from mental illness and mental disability.

200 4th Ave. West

Grinnell, IA 50112

Phone: 515-832-9550

- *Office staffed by appointment*

Central Iowa Residential Services, Inc. (CIRSI)

Community-based services for the mentally disabled.

821 5th Ave. Suite 205

Website: www.cirsi.org

Grinnell, IA 50112

Phone: 641-236-5774

Diamond Life Health Care

Residential Care Facility for the mentally ill and mentally disabled.

4912 Barnes City Rd.

PO Box 820

Montezuma, IA 50171

Phone: 641-623-5715

Lutheran Services in Iowa

Services for people with mental illness or mental disability

1714 N. 4th Ave. E

Website: <https://lsiowa.org>

Newton, IA 50208

Phone: 641-792-1541

Genesis Development

Provides support for people with disabilities, including supported community living services

925 Broad St.

Website: www.genesisdevelopment.com

Grinnell, IA 50112

Phone: 641-236-0230

The Arc of East Central Iowa

Provide services for individuals with intellectual and related disabilities. Services include respite, supported community living, consumer directed attendant care, intermittent medical monitoring and treatment, HCBS habilitation services program, daycare/after work enrichment program, community integration, Project SEARCH, and assessment & employment services.

680 2nd St. SE Suite 200

Website: www.arceci.org

Cedar Rapids, IA 52401

Poweshiek County Contact: Karen Veerhusen-Langerud

Phone: 319-365-0487

Email: veerhuse@grinnell.edu

Life Long Links

Aging and disability resources to maintain independence.

Phone: 866-468-7887

Website: www.lifelonglinks.org

Goodwill Industries of Central Iowa

Supported training and employment for mentally ill and mentally disabled

5355 NW 86th St.

Website: www.dmgoodwill.org

Johnston, IA 50131

Phone: 515-265-5323

Special Olympics Iowa

551 Dovetail Rd.

Website: www.soiowa.org

PO Box 620

Email: rschwarzkopf@soiowa.org

Grimes, IA 50111

Phone: 515-986-5520

Iowa Department for the Blind

524 4th St.

Website: <https://blind.iowa.gov>

Des Moines, IA 50309

Phone: 515-281-1333

DENTAL SERVICES

Poweshiek County Dental Coalition

Promotes screening and dental clinics for children 0-18. Voucher funds are available for dental care for children who are underserved. Offers education program for preschools.

Email: poweshiekdentalcoalition@gmail.com

Phone: 515-650-1877

Broadlawns Dental Clinic

Provides emergency, preventative and comprehensive dental services for patients of all ages

1801 Hickman Rd.

Website: www.broadlawns.org/dental-clinic

Des Moines, IA 50314

Phone: 515-282-2421

The Pediatric Dentistry Clinic at Center for Disabilities and Development

Serves infants, children and young adults, including patients with special health care needs.

100 Hawkins Dr.

Website: <https://uichildrens.org>

Iowa City, IA 52242

Phone: 319-353-6711

Toll Free: 877-686-0031

Dental Lifeline Network Iowa

Donated Dental Services. Provide comprehensive treatment to eligible patients, do not provide emergency services. Applicants must lack adequate income to pay for dental care and have a permanent disability, be 65 or older, or qualify as medically fragile.

9000 Northpark Dr.

Website: <https://dentallifeline.org/iowa>

Johnston, IA 50131

Toll Free: 888-235-5826

Phone: 515-251-8000

Email: dwells@dentallifeline.org

I-Smile™

Dental services for 0-21 or pregnant women. Also provide assistance with dental insurance and finding a dentist.

Marion County Public Health (Manages this program for Wayne County)

2003 North Lincoln

Fax: 641-842-3442

P.O. Box 152

Website: www.marionph.org

Knoxville, IA 50138

Phone: 641-828-2238

**Find us on Facebook-Marion County Public Health Department*

Family Dentistry

825 Broad St.

Grinnell, IA 50112

Phone: 641-236-6169

Dental Associates

902 Park St.

Grinnell, IA 50112

Phone: 641-236-6174

Diamond Trail Dental

301 S. 4th St.

Montezuma, IA 50171

Phone: 641-623-5100

Family Dentistry

613 4th St.

Sully, IA 50251

Phone: 641-594-4285

Family Dentistry

105 S. 4th St.

Montezuma, IA 50171

Phone: 641-623-2013

DISASTER ASSISTANCE**American Red Cross**

Serving the Iowa Region

2116 Grand Ave.

Website: www.redcross.org

Des Moines, IA 50312

Phone: 515-243-7681

EDUCATION – Family Based

Poweshiek County Extension and Outreach

Provide assistance in helping community members with making decisions that affect their family, community, business, or farm by providing unbiased, research based information and education.

114 S. 3rd St.

Website: www.extension.iastate.edu/poweshiek

PO Box 70

Montezuma, IA 50171

Phone: 641-623-5188

Babies Room Parenting Classes

Grinnell Regional's Babies Room provides incentives and educational programs to women who are pregnant or who have a child less than 3 years of age. Earn free child merchandise/items for good parenting and care for your infant and toddler.

Light Center for Community Health

306 4th Ave.

Grinnell, IA 50112

Phone: 641-236-2385

Prenatal/Childbirth Classes

Provides education on what to expect, what happens in your body, how to care for yourself and your baby after delivery, breastfeeding, and so much more. Call for schedule.

GRMC Tomasek Room

Phone: 641-236-2324

Breastfeeding Education

Certified lactation counselors offer a course that focuses on breastfeeding. Address first two hours after delivery, teaching your baby to suck, tips on milk production, reducing barriers experienced when breastfeeding and returning to work, nutrition and birth control for mothers nursing, and much more.

Light Center for Community Health (GRMC)

306 4th Ave.

Grinnell, IA 50112

Phone: 641-236-2385

EDUCATION – College

Grinnell College

1115 8th Ave.

Website: www.grinnell.edu

Grinnell, IA 50112

Phone: 641-269-4000

Iowa Valley Community College

3700 S Center St.

Website: www.iavalley.edu

Marshalltown, IA 50158

Phone: 641-752-4645

EDUCATION – Preschool

Head Start (MICA)

611 4th Ave.

Grinnell, IA 50112

Phone: 641-236-3923

Grinnell Community Daycare & Preschool

1436 Penrose St.

Grinnell, IA 50112

Phone: 641-236-7214

Website: www.grinnellcommunitydaycare.com

Grinnell College Preschool

1022 Park St.

Grinnell, IA 50112

Phone: 641-269-3320

Website: www.grinnell.edu

Grinnell Newburg Preschool (Fairview Elementary)

1310 Hobart St.

Grinnell, IA 50112

Phone: 641-236-2780

Website: www.grinnell-k12.org

BGM Preschool

1090 Jackson St.

Brooklyn, IA 52211

Phone: 641-522-9268

Website: www.brooklyn.k12.ia.us

Montezuma Preschool

504 N. 4th St.

Montezuma, IA 50171

Phone: 641-623-5121

Website: www.montezuma-schools.org

Grinnell UCC Community Preschool

902 Broad St.

Grinnell, IA 50112

Phone: 641-236-3111

Website: www.grinnelluccpreschool.com

EDUCATION – Elementary, Middle, High School, & Alternative School

Grinnell – Newburg Community School District

Phone: 641-236-2700

Website: www.grinnell-k12.org

Fairview Elementary School (Grades Preschool – 2nd)

1310 Hobart St.

Phone: 641-236-2780

Grinnell, IA 50112

Bailey Park Elementary School (Grades K-2nd)

210 Eighth Ave.

Phone: 641-236-2770

Grinnell, IA 50112

Davis Elementary School (Grades 3rd – 4th)

818 Hamilton Ave.

Phone: 641-236-2790

Grinnell, IA 50112

Grinnell Middle School (Grades 5th – 8th)

132 East St. South

Phone: 641-236-2750

Grinnell, IA 50112

Grinnell High School (Grades 9th – 12th)

1333 Sunset St.

Phone: 641-236-2720

Grinnell, IA 50112

Independent Learning Center

1333 Sunset St.

Phone: 641-236-2720

Grinnell, IA 50112

Central Iowa Christian School (Grades K-8th)

201 380th Ave.

Website: www.centraliowachristian.org

Grinnell, IA 50112

Phone: 641-236-3000

Brooklyn-Guernsey-Malcom (BGM) Community School (Grades PreK-12th)

1090 Jackson St.

Website: www.brooklyn.k12.ia.us

Brooklyn, IA 52211

Phone: 641-522-7058

Lynnvile – Sully Community School (Grades K-12th)

12476 Hwy. F62 E.

Website: www.lshawks.org

Sully, IA 50251

Phone: 641-594-4445

Montezuma Community School (Grades PreK-12th)

504 N. 4th St.

Website: www.montezuma-schools.org

Montezuma, IA 50171

Phone: 641-623-5129

EDUCATION – Special Services

Iowa Valley Community College District (IVCCD)

Call or see website for programs including High School Equivalency Diploma (HSED, formally GED), ESL tutoring, and continuing education classes.

Grinnell Campus
123 6th Ave. West
Grinnell, IA 50112
Phone: 641-236-0513

Website: www.iavalley.edu

Central Rivers Area Education Agency (AEA)

Early childhood services and services for children with disabilities.

909 S. 12th St.
Marshalltown, IA 50158
Phone: 641-753-3564 or 800-735-1539

Website: www.centralriversaea.org

English Language Learners (ELL)

Tutoring available through the Grinnell public schools

Email: Carlos.gallegos@grinnell-k12.org

Network of Iowa Christian Home Educators (NICHE)

PO Box 158
Dexter, IA 50070
Phone: 515-478-5454

Website: <https://homeschooliowa.org>

Email: niche@homeschooliowa.org

ELECTED OFFICIALS

US Senators

Senator Joni Ernst

Des Moines Office
733 Federal Bldg.
210 Walnut St.
Des Moines, IA 50309
Phone: 515-284-4574
Fax: 515-284-4937

Washington DC Office
111 Russell Senate Office Bldg.
Washington, DC 20510
Phone: 202-224-3254
Fax: 202-224-9369
Website: www.ernst.senate.gov

Senator Chuck Grassley

Des Moines Office
721 Federal Bldg.
210 Walnut St.
Des Moines, IA 50309
Phone: 515-288-1145
Fax: 515-288-5097

Washington DC Office
135 Hart Senate Office Bldg.
Washington, DC 20510
Phone: 202-224-3744
Fax: 202-224-6020
Website: www.grassley.senate.gov

US Representative

Representative David Loeb sack

Iowa City Office

125 S. Dubuque St.
Iowa City, IA 52240
Phone: 319-351-0789
Fax: 319-351-5789
Website: <https://loeb sack.house.gov>

Washington DC Office

1527 Longworth House Office Bldg.
Washington, DC 20515
Phone: 202-225-6576
Fax: 202-226-0757

State Senator

Senator Tim L Kapucian

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3371
Fax: 515-242-6108

Website: www.legis.state.ia.us

State Representative

Representative Dave Maxwell

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3221
Fax: 515-281-5868

Website: www.legis.state.ia.us

EMPLOYMENT SERVICES

Aventure

Aventure Staffing provides employment solutions at all levels for our valued employees and clients. We will build enduring partnerships based on integrity, loyalty, mutual respect and trust. Our consultative approach and excellence in quality and service will set the standards for the staffing industry

820 4th Ave.

Website: www.aventure.com

Grinnell, IA 50112

Phone: 641-236-7470

First Class Staffing

At 1st Class Staffing we understand what you need to get the job done. Regardless of your company's location, size, product or service we will provide the professional talent to help you get the work done we get it and are here for you.

929 Broad St.

Grinnell, IA 50112

Phone: 641-236-6808

QPS Employment Group, Inc.

1108 West St.
Grinnell, IA 50112
Phone: 641-236-9722

Website: www.qpsemployment.com

Promise Jobs

Provides work experience opportunities, job skills training, and family development to FIP recipients. To schedule a meeting Grinnell, call the Marshalltown number listed here.

Phone: 641-754-1400 Website: www.iowaworkforcedevelopment.gov/promise-jobs

Denison Job Corps

For young women and men 16-24 years old and solo parent program. Second chance to graduate; vocational training. Must meet educational guidelines.

10 Opportunity Dr.
Denison, IA 51442
Phone: 712-263-4192

Website: www.jobcorps.gov

Toll Free: 800-733-5627

Iowa Vocational Rehabilitation Services

Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

204 W. State St.
Marshalltown, IA 50158
Phone: 641-352-7942

Website: www.ivrs.iowa.gov

Temp Associates

1029 Broad St.
Grinnell, IA 50112
Phone: 641-236-9220

Website: www.tempassociates.com

Email: grinnell@tempassociates.com

Mid-Iowa Community Action (MICA)

MICA has information on applying for jobs. Through the Strong Parents Strong Children (SPSC) program they offer job coaching.

611 4th Ave.
Grinnell, IA 50112
Phone: 641-236-3923

Website: www.micaonline.org

Iowa Workforce Development

3405 S. Center St.
Marshalltown, IA 50158
Phone: 641-754-1400

Website: www.iowaworkforcedevelopment.gov

GROUP HOMES

Genesis Development

Provides support for people with disabilities, including supported community living services

925 Broad St.

Website: www.genesisdevelopment.com

Grinnell, IA 50112

Phone: 641-236-0230

HEALTH CARE SERVICES & MEDICAL ASSISTANCE

Medicaid (also called Title 19)

Provides health coverage through a Managed Care Organization (MCO). Some members get coverage through the Medicaid Fee-for-Service program.

Phone: 515-256-4606

Website: www.dhs.iowa.gov/ime

Toll Free: 800-338-8366

Iowa Health and Wellness Plan (IHAWP)

Provides comprehensive health coverage at low or no cost to Iowans between the ages of 19-64. Eligibility is based on household income. An Iowa Medicaid program.

Phone: 515-256-4606

Website: www.dhs.iowa.gov/IHAWP

Toll Free: 800-338-8366

Hawk-I (Healthy & Well Kids in Iowa) & hawk-I Dental Only

To qualify, a child must live in Iowa and: Be under 19 years old; have no other health insurance; be a citizen of the United States or a qualified alien; be in a family that meets the hawk-I income limits; cannot be dependent of a State of Iowa employee; children who qualify for Medicaid cannot get hawk-I.

Marion County Public Health Department

2003 N Lincoln St.

Website: www.marionph.org

PO Box 152

Knoxville, IA 50138

Website: www.hawk-i.org

Phone: 641-828-2238

HOSPICE & HOME HEALTH

Grinnell Regional Hospice

Support with end-of-life care, both in-home and in the hospital (GRMC).

210 4th Ave.

Website: www.grmc.us/services/hospice

Grinnell, IA 0112

Phone: 641-236-2418

Grinnell Regional Home Care

210 4th Ave.

Website: www.grmc.us/services/home-care

Grinnell, IA 50112

Phone: 641-236-2059

PCS Homecare

604 Williams St.
Victor, IA 52347
Phone: 319-647-2175

Visiting Nurse Services (VNS) of Iowa

1111 9th St. #320 Website: www.vnsia.org
Des Moines, IA 50314
Phone: 515-288-1516

HOSPITALS & CLINICS

Grinnell Regional Medical Center (GRMC)

Specialties include primary care in family practice, and general surgery, as well as specialists in anesthesiology, bariatrics/weight loss surgery, emergency medicine, gynecology, internal medicine, mental health, obstetrics, pain management, pathology, podiatry, psychiatry, radiology, rheumatology, and urology. Visiting specialists in 11 areas provide additional specialty care for area residents.

210 4th Ave. Website: www.grmc.us
Grinnell, IA 50112
Phone: 641-236-7511
ER: 641-236-2380

Manatt Family Urgent Care

Walk-in clinic. Check in on first floor of the Ahrens Medical Arts Building.
210 4th Ave.
Grinnell, IA 50112
Phone: 641-236-2378

VA Clinic

101 Iowa Ave. W
Marshalltown, IA 50158
Phone: 641-754-6700 or 877-424-4404

Total Rehab Orthopedic & Sports Therapy

Providing Physical Therapy, Occupational Therapy, Industrial Rehab, Sports Medicine, Pediatric Therapy, Vestibular Therapy, The Graston Technique (for scars, adhesions, and muscle injuries), Women's Health, & Aquatic Therapy.

234 West St. #4 Website: www.totalrehab-pt.com
Grinnell, IA 50112
Phone: 641-236-4506

Community Health Park

Integrated and complementary services. Including the following: Physical Therapy, Massage and Relaxation Therapies, AquaMed Treatment, Body Wraps, Ear Candling, Massage Therapy, Paraffin Treatment, Reflexology, etc.

807 Broad St.

Website: <https://grmc.us/services/integrated-medicine>

Grinnell, IA 50112

Phone: 641-236-2953

HOTLINES & INFORMATION

AIDS Information Hotline

The AIDS hotline answers questions and provides information about resources related to HIV/AIDS treatment.

Phone: 800-448-0440

Website: www.aids.gov

2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Simply dial 2-1-1 on your phone.

Phone: 2-1-1

Website: www.211iowa.org

Al-Anon Hotline

Al-Anon helps family and friends of alcoholics cope with the effects of living with a problem drinker. Alateen is the recovery program for young people.

Phone: 1-888-4AL-ANON (1-888-425-2666)

Website: www.al-anon.alateen.org

Business Office: 757-563-1600

Fax: 757-563-1655

Americans with Disabilities (ADA) Hotline

ADA specialists provide information regarding the Americans with Disabilities Act, answer specific questions, offer free ADA materials, and assist with filing complaints.

Phone: 800-514-0301

Website: www.ada.gov

Gay and Lesbian National Hotline

Offers confidential telephone and email peer-counseling to callers of all ages regarding coming-out issues, relationship concerns, HIV/AIDS, and safer-sex information.

Phone: 888-THE-GLNH (888-843-4564)

Website: www.glbthotline.org

Iowa Compass Hotline

Provides information and referrals about disability related services and programs.

Phone: 800-779-2001

Website: www.iowacompass.org

Central Iowa Crisis Line

Central Iowa Community Services has contracted to provide a Crisis Phone Line for residents living in a 10-county area. People can call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce or a serious illness, or it could be a series of smaller problems that have compounded and become overwhelming. A crisis is any stress or pressure that has become too great for a person to cope with alone. Trained, compassionate telephone counselors are available 24 hours a day, 365. All contacts are confidential.

Toll-Free Crisis Line: 844-258-8858

Online Chat Counseling: www.Foundation2CrisisChat.org

* Available Monday-Friday, 9am to 3pm

Text Support: 800-332-4224

* Available Monday-Friday, 9am to 3pm

Iowa Brain Injury Information Center

Brain Injury Alliance of Iowa

Website: <https://biaia.org>

1556 S. First Ave. Suite A

Iowa City, IA 52240

Phone: 855-444-6443

Iowa Gambling Treatment Program

Offers the following services to individuals with a gambling addiction: assessment and evaluation, individual or group counseling, transitional housing, distance treatment, financial counseling, financial aid, confidentiality, and emergency assistance.

Phone: 800-BETS-OFF

Website: www.1800betsoff.org

Iowa Healthy Family Hotline

Provides health information and referrals for pregnancy, immunizations, and other family related issues.

Phone: 800-369-2229

Iowa Poison Control Center

Phone: 712-279-3710

Website: www.iowapoisson.org

Emergency: 800-222-1222

Lawyer Referral Services Hotline

Call this number to be referred to a local lawyer.

Phone: 800-532-1108

Website: www.iowafindalawyer.com

Life Long Links

Aging and disability resources to maintain independence.

Phone: 866-468-7887

Website: www.lifelonglinks.org

Legal Hotline for Older Iowans (60+)

Phone: 800-992-8161

Medline Plus

Produced by the National Library of Medicine and offers information about diseases, conditions, and wellness issues.

Website: www.medlineplus.gov

National Alliance on Mental Illness Helpline

Offers general information about mental illness, referrals to local affiliates and support groups, and volunteer support.

Phone: 800-950-6264

Website: www.nami.org

National Council on Alcoholism and Drug Dependence Hope Line

Offers referrals to local affiliate offices, as well as provides information about alcoholism and drug dependence.

Phone: 800-622-2255

Website: www.ncadd.org

Mental Health America

Information and literature regarding mental illness is provided to professionals and the general public.

Phone: 800-969-6642

Website: www.mentalhealthamerica.net

National Life Center

Provides compassionate guidance and counseling to any woman or girl facing pregnancy. Services offered include assistance finding medical, legal, or psychological help shelter, education, and adoption guidance as desired.

Phone: 800-848-5683

Website: www.nationallifecenter.com

National Runaway Switchboard

24-hour crisis line serving teenagers thinking of running away or who have run away and want to return home. Also provides information to adults about how to help someone who may be at risk of running, and to teachers to pass along to students about youth homelessness and life on the streets.

Phone: 800-RUNAWAY or 800-786-2929

Website: www.1800runaway.org

National Suicide Prevention Lifeline

Available to anyone in suicidal crisis or emotional distress providing crisis counseling or mental health referrals.

Phone: 800-273-TALK or 800-273-8255

Website: www.suicidepreventionlifeline.org

Rape, Abuse & Incest National Hotline (RAINN)

RAINN anonymously and automatically connects sexual assault victims with the nearest rape crisis center and a counselor who is able respond to the call.

Phone: 800-656-HOPE or 800-656-4673 Website: www.rainn.org

Substance Abuse and Mental Health Service Administration (SAMHSA's) National Helpline

Treatment referral and information service for individuals and families facing mental and/or substance use disorders.

Phone: 800-662-4357

Website: www.samhsa.gov

Veterans Affairs (VA)

Phone: 844-698-2311

Crisis Line: 800-273-8255

Website: www.centraliowa.va.gov

Quitline Iowa

Quitline Iowa is a free program that provides helpful tools, information and support throughout your quit process.

Phone: 800-784-8669

Website: www.quitlineiowa.org

Q Link Wireless

Provides a free smartphone with free monthly calling, unlimited texting, and free data through a special government benefit program called "Lifeline" which is available to eligible low-income consumers.

Phone: 855-Q-Link43

Website: qlinkwireless.com

Zero To Three

National nonprofit that informs, trains, and supports professionals, policymakers and parents in their efforts to improve the lives of infants and toddlers.

Website: www.zerotothree.org

HOUSING – Subsidized & Low Income

Grinnell Housing Authority

Rent assistance for income-eligible elderly, disabled, and families. Funded by HUD. Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously.

520 4th Ave.

Grinnell, IA 50112

Phone: 641-236-2611

Email: rentassist@iowatelecom.net

Income-based Housing for Families

Arbor Apartments	401 Washington Ave, 2&3 BR	641-236-9233
Center Street Apartments	506 Center St, 2 BR	641-236-6679
Grinnell Park Apartments	223 4 th Ave. West, 1&2 BR	800-394-1288
Spaulding Lofts	827 4 th Ave, 1&2 BR	515-221-6696
Westfield Apartments	308 4 th Ave. West, 1&2 BR	641-236-8909

Income-based Housing for Elderly and Disabled (in Grinnell)**

Grinnell Area Housing	214 4 th Ave. West	641-236-6679
• Brookside East		
• Brookside West	131 4 th Ave. West	
• Brookside South	214 4 th Ave. West	
• MonroePark Apartments		
• Pearl Street Apartments	729 Pearl St.	
• Poynter Apartments (for CMI)	412 3 rd Ave.	
Grinnell Estates	2020 West St.	641-236-0102
Spaulding Lofts	827 4 th Ave.	515-221-6696

Income-based Housing for Elderly and Disabled (outside Grinnell)**

Barnes City Housing (Financial Service Group, Inc.)	319-664-3002
Brooklyn Housing, Inc. (Karen McNaul)	641-623-5026
Deep River Housing (Financial Service Group, Inc.)	319-664-3002
Malcom Manor (Karen McNaul)	641-623-5026
Montezuma, Sunny View Square (Grinnell Area Housing)	641-236-6679
Searsboro Manor Apartments (Financial Services Group, Inc.)	319-664-3006
Victor Senior Housing (National Management)	515-223-0300

Iowa Finance Authority

Services may include down payment assistance for both first-time home buyers and previous homeowners. Military Homeownership Assistance programs. Some grant funds may also be available.

2015 Grand Ave. Website: www.iowafinanceauthority.gov
Des Moines, IA 50312
Phone: 515-725-4900

Region 6 Housing Trust Fund

Income-based funding for new home buyers, existing home owners, rental property owners, and other affordable housing projects may qualify.

903 E. Main St. Website: www.region6planning.org
Marshalltown, IA 50158
Phone: 641-752-0717 Toll Free: 800-417-4699

USDA Rural Development – Iowa

Single Family Home Loan Guarantees – Program assists approved lenders in providing low and moderate-income households the opportunity to own a home. Work directly with approved lender. Single Family Housing Direct Home Loans – Program assists low and very-low-income applicants obtain homeownership.

Albia Office Website: www.rd.usda.gov
1709 S. B St.
Albia, IA 52531
Phone: 641-932-3031

Fair Housing

Deals with issues of discrimination and landlord-tenant issues.

Phone: 800-743-5323

LAW ENFORCEMENT

Grinnell Police Department

1020 Spring St.

Grinnell, IA 50112

Phone: 641-236-2670

Poweshiek County Sheriff Office

4802 Barnes City Rd.

PO Box 297

Montezuma, IA 50171

Phone: 641-623-5679

Website: www.poweshiekcosherriff.com

LEGAL SERVICES

Iowa Legal Aid

Provide legal assistance to low-income & vulnerable Iowans

Phone: 800-532-1275

Website: www.iowalegalaid.org

Iowa Concern

Phone: 800-447-1985

Website: www.extension.iastate.edu/iowaconcern

Find-A-Lawyer

Attorney referral service offered by the Iowa State Bar Association

625 E. Court Ave.

Des Moines, IA 0309

Phone: 800-532-1108

Website: www.iowafindalawyer.com

Juvenile Court Services

200 4th Ave. West

Grinnell, IA 50112

Phone: 641-236-0655

Disability Rights IOWA

Defend and promote the human and legal rights of Iowans who have disabilities and mental illness.

400 E. Court Ave. Suite 300

Des Moines, IA 50309

Phone: 515-278-2502

TTY: Relay 711

Website: www.disabilityrightsiowa.org

Toll Free: 800-779-2502

Iowa Attorney General

1305 E. Walnut St.
Des Moines, IA 50319
Phone: 515-281-5164

Website: www.iowaattorneygeneral.gov

Iowa Workman's Compensation

1000 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-725-4120

Website: www.iowaworkcomp.gov

Toll Free: 800-645-4583

MEDICAL SUPPLIES

Grinnell Regional Home Care, Loan Closet

210 4th Ave.
Grinnell, IA 50112
Phone: 641-236-2059

Hammer Medical Supply

1719 1st Ave. East
Newton, IA 50208
Phone: 641-792-9339

Website: www.hammermedical.com

Lincare

4454 NW Urbandale Dr.
Urbandale, IA 50322
Phone: 515-223-6078

Website: www.lincare.com

Long Term Medical Supply

929 Broad St.
Grinnell, IA 50112
Phone: 641-236-0608

NURSING HOMES, ASSISTED & INDEPENDENT LIVING

Grinnell Health Care Center

Skilled nursing facility
415 6th Ave. West
Grinnell, IA 50112
Phone: 641-236-6511

Website: www.grinnellhealthcarecenter.com

Fax: 641-236-6713

Windsor Manor

Assisted living

229 Pearl St.
Grinnell, IA 50112
Phone: 641-236-8700

Website: www.windsor-manor.com
Fax: 641-236-9514

Mayflower Homes, Inc.

Independent living, assisted living, or 24 hour nursing care for a health or memory need

616 Broad St.
Grinnell, IA 50112
Phone: 641-236-6151
Toll Free: 800-936-6151

Website: www.mayflowerhomes.com
Fax: 641-236-6154

Saint Francis Manor & Seeland Park

Independent living, assisted living, or 24 hour nursing care

2021 4th Ave.
Grinnell, IA 50112
Phone: 641-236-7592

Website: www.stfrancismanor.com
Fax: 641-236-8035

Brooklyn Community Estates

Skilled nursing and intermediate care facility

406 North St.
Brooklyn, IA 52211
Phone: 641-522-9263

Website: www.brooklyncommunityestate.com
Fax: 641-522-5684

Montezuma Nursing & Rehabilitation Center

24 hour nursing care

316 Meadow Lane Dr.
Montezuma, IA 50171
Phone: 641-623-5497

Website: www.careinitiatives.org
Fax: 641-623-2297

PHARMACIES

Hy-Vee Pharmacy

320 Brownells Pkwy.
Grinnell, IA 50112
Phone: 641-236-4287

Medicap Pharmacy

320 6th Ave.
Grinnell, IA 50112
Phone: 641-236-3663

Walmart Pharmacy

415 Industrial Ave.
Grinnell, IA 50112
Phone: 641-236-6333

PUBLIC HEALTH PROGRAMS

Grinnell Regional Medical Center Public Health

Immunization clinics, communicable disease control, community care clinic, and lead tests.

Light Center for Community Health

306 4th Ave.

Grinnell, IA 50112

Phone: 641-236-2385

Website: www.grmc.us/services/public-health

Immunization Clinic

Call for an appointment

Phone: 641-236-2385

Grinnell Regional Community Care Clinic (Free Clinic)

Free medical services for uninsured, low-income residents of Poweshiek County. Call for an appointment.

Phone: 641-236-2385

- 1st Thursday of the month from 2-4pm

Blood Pressure Clinic

Free; no appointment needed.

Phone: 641-236-2385

- Thursdays from 1-2pm

Adult Foot Care Clinic

Call Grinnell Regional Home Care for an appointment.

Phone: 641-236-2385

- 2nd and 4th Thursday of the month from 9am-noon

Iowa Department of Public Health

321 E. 12th St.

Des Moines, IA 50319

Phone: 515-281-7689

Website: <https://idph.iowa.gov>

RECREATION

Drake Community Library

930 Park St.

Grinnell, IA 50112

Phone: 641-236-2661

Website: www.grinnell.lib.ia.us

Grinnell Recreation Department

Programming for families, children, and youth. Scholarships are available for income-eligible families

1500 Penrose St.

Website: www.grinnelliowa.gov

Grinnell, IA 50112

Phone: 641-236-2620

Newton YMCA

1701 S. 8th Ave. East

Website: www.newtonymca.org

Newton, IA 50208

Phone: 641-792-4006

Paul W Ahrens Fitness Center

Exercise classes with on-site childcare. Immediate family members of inpatients may use the PWA Fitness Center at no cost.

807 Broad St.

Grinnell, IA 50112

Phone: 641-236-2999

SENIOR SERVICES

Grinnell Senior Center

Meals on Wheels, Social activities, and referrals (Healthy Lifestyle Coordinator)

925 East St.

Grinnell, IA 50112

Phone: 641-236-2612

Brooklyn Activity Center

Meals and social activities

122 Jackson St.

Brooklyn, IA 52211

Phone: 641-522-5400

Northeast Iowa Area Agency on Aging (NEI3A)

NEI3A connects older adults, caregivers and persons with disabilities to the services they need to remain independent.

Waterloo Office

Website: www.nei3a.org

2101 Kimball Ave. Suite 320

Waterloo, IA 50702

Phone: 319-272-2244

Life Long Links

Aging and disability resources to maintain independence.

Phone: 866-468-7887

Website: www.lifelonglinks.org

Office of the State Long-Term Care Ombudsman

In Iowa, the Office of the State Long-Term Care Ombudsman (OSLTCO) is authorized by the federal Older Americans Act and the state Older Iowans Act. Operating as an independent entity within the Iowa Department on Aging, its mission is to protect the health, safety, welfare and rights of individuals residing in long-term care facilities by investigating complaints, seeking resolutions to problems and providing advocacy with the goal of enhancing quality of life and care.

Iowa Department on Aging

510 E. 12th St. Suite 2

Des Moines, IA 50319

Phone: 515-725-3333 or 866-236-1430

Website: www.iowaaging.gov

Senior Health Insurance Information Program (SHIIP)

Today's Medicare and insurance billing processes can be complex. Let a trained SHIIP volunteer help you understand Medicare and insurance billing questions. Free Service.

Phone: 641-236-2588

Email: kolson@grmc.us

SE*ED Program

GRMC's Senior Education Program provides programs designed for adults--of any age--to extend their knowledge on healthcare issues, diseases, nutrition, community resources, current and cultural events, as well as art, biology, history, or religion. Visit the website for a schedule of classes.

Drake Community Library

Phone: 641-236-2593

930 Park St.

Grinnell, IA 50112

Website: www.grmc.us/classes-events/older-adult-programs

- Mondays from 10-11am

SUPPORT GROUPS

Bariatric Surgery Patient Support

Open to patients who have had weight-loss surgery; as well as support people and Surgical Associates patients who are considering surgery.

Grinnell Regional Medical Center

Tomasek Conference Room

210 Fourth Ave.

Grinnell, IA 50112

- Saturdays – 9am to 11am

For more information call 641-236-2069.

Moms off Meth (MOMs)

Contact: Jackie Allen Black – Crisis Intervention Services

Phone: 641-673-0336

Email: jackie@cismc.org

Breastfeeding Support Group

Support group for women to encourage and support breastfeeding their babies. It is free and open to nursing mothers. Infant weight checks are done following the class and are open to anyone, or may be scheduled.

Grinnell Regional Medical Center

210 Fourth Ave.

Grinnell, IA 50112

- 1st Tuesday of the month at 4:30pm

For more information call 641-236-2324

Cancer Support

Provides an informational time of sharing and support for anyone with a cancer diagnosis.

Grinnell Regional Medical Center

210 Fourth Ave.

Room 204

Grinnell, IA 50112

- Every Tuesday from 9:30am-10:30am

For more information call 641-236-2568 or email LRomer@grmc.us

Caregivers Support Group

Support group offered by Grinnell Regional Hospice for anyone caring for an older adult loved one. Provides caregivers with the opportunity to gain support, strength and encouragement from each other.

First Presbyterian Church

1025 5th Ave.

Grinnell, IA 50112

- 4th Tuesday of the month from 10am-11am

For more information call 641-236-2418

Diabetes Living Support Group

Support group includes a visit with the dietitian and diabetes educator. Speakers and topics vary.

Grinnell Regional Medical Center

Tomasek Conference Center

210 Fourth Ave.

Grinnell, IA 50112

- Meets bi-monthly from 7pm-8pm

For specific dates or more information call 641-236-2488

Lyme Disease Support Group

Support group for those who suffer from Lyme disease and their family or support persons. The group provides educational speakers, support, and discussion of treatment modalities.

Lamb Law Office

717 5th Ave. Suite 2

Grinnell, IA 50112

Phone: 641-236-3610 (Dale Lamb)

Grief Support Group

Support group for adults who have experienced the loss of a loved one or friend. The group supports participants through the emotions, reactions, and experiences that follow the death of someone close.

Drake Community Library

930 Park St.

Grinnell, IA 50112

- 2nd Wednesday of the month from 10am-11am

For more information call 641-236-2418 or email shuls@grmc.us

Meet and Eat Bereavement Support

A monthly dinner gathering for those who have lost a loved one. It is a time to remember that even though you may have lost a loved one, you can still be social and enjoy a meal out with others who share similar experiences. Meal costs \$6.

Grinnell Regional Medical Center

Tomasek Conference Center

210 Fourth Ave.

Grinnell, IA 50112

- 1st Sunday of the month at 5:30pm

For more information call 641-236-2418 or email shuls@grmc.us

Narcotics Anonymous

Station Club House

729 Pearl St.

Grinnell, IA 50112

- Friday at 7:30pm

For more information call 641-236-0270 or 641-821-9565

Perinatal Loss Support Group

Grinnell Regional Medical Center

East Tomasek Room

210 Fourth Ave.

Grinnell, IA 50112

- Call for specific dates and times

For more information call the Kintzinger Women's Health Center at 641-236-2324 or email sbaarda@grmc.us

ANAD: National Association of Anorexia Nervosa and Associated Disorders

Support group for men and women with bulimia or anorexia

410 Washington Lot 31

Grinnell, IA 50112

Contact: Brooke Burkett @ 641-510-1141

- Mondays 7:30-8:30pm

Alcoholics Anonymous (AA)

United Church of Christ

902 Broad St.

Grinnell, IA 50112

- Monday & Thursday at noon

St. Paul's Episcopal Church

6th and State

Grinnell, IA 50112

- Tuesday, Thursday, Saturday, Sunday at 7:30pm
- Meeting for women: first Saturday of month at 9:00am

Grinnell College Campus

1233 Park St. (CRSSJ Prayer Garage)

Grinnell, IA 50112

- Monday at 7:00pm

For more information call 641-236-0270

Al-Anon Meetings

Support group for families of persons with alcohol addiction

First Presbyterian Church

Toll Free: 888-4AL-ANON

1025 5th Ave.

Grinnell, IA 50112

Website: www.ia.al-anon.alateen.org

Contact: Kim Hinkle (515)422-2510

- Every Monday at 7:00pm

TRANSPORTATION

People Rides

Transportation within Grinnell 7:30am – 3:30pm, \$2.50 on way. Transportation to out-of-town medical appointments is offered subject to driver availability. A shuttle is available to Iowa City on the first Thursday of the month, \$10 each way; \$20 total. Departs from Marshalltown, with pickups in Grinnell or locations en-route. ETA to Iowa City no sooner than 9:30am; return no later than 3:30pm (early if all clients are ready). Vehicles are handicapped-accessible. Call for rates, or visit the website. All services are open to the general public, including persons with disabilities. Dispatch hours: Monday – Friday, 7:30am – 4:30pm, answering machine available for after-hours messages. 24 hour advance notice preferred.

903 E. Main St.

Website: www.region6planning.org

Marshalltown, IA 50158

Phone: 641-752-6202

Toll free: 888-616-4298

Access2Care

For Medicaid Non-Emergency Medical Transportation (NEMT) for Medicaid members now with fee-for-services rather than Managed Care Organization. Call at least 3 days prior to the appointment to schedule transportation. Access2Care can act as a broker, helping transportation providers to receive Medicaid reimbursement for services.

Phone: 866-572-7662

Website: www.access2care.net

Presbyterian Church Drivers Program

Rides to scheduled medical and dental appointments. Please call two weeks in advance if possible.

Phone: 641-236-6059

Community Hope Church

Van Ministry between Montezuma and Grinnell Only

Phone: 641-623-4673

Poweshiek County Veterans Affairs Drivers

Rides for veterans to scheduled medical and dental appointments. Please call two weeks in advance.

Phone: 641-236-5722

LogistiCare

For Medicaid members with Amerigroup as their designated Managed Care Organization (MCO).

Phone: 844-544-1389

Medical Transportation Management

For Medicaid members with United Healthcare as their designated MCO.

Phone: 888-513-1613

UTILITIES, WATER, & SANITATION

Alliant Energy

Phone: 800-255-4268

Website: www.alliantenergy.com

City of Grinnell

520 4th Ave.

Grinnell, IA 50112

Phone: 641-236-2600

Website: www.grinnelliowa.gov

Poweshiek Water Associates

125 Industrial Dr.

Brooklyn, IA 52211

Phone: 641-522-7416

Website: www.poweshiekwater.com

Montezuma Water Department

1185 Diamond Trail Rd.

Montezuma, IA 50171

Phone: 641-623-5675

Audas Sanitation & Recycling

830 S. Front St.

Montezuma, IA 50171

Phone: 641-623-5691

Website: www.audassanitation.com

TIP Rural Electric Cooperative

612 West Des Moines
Brooklyn, IA 52211
Phone: 641-522-9223

Website: www.tiprec.com

VISION CARE & SERVICES

Prevent Blindness Iowa

Sight for Students program. Referrals and applications are available through school nurses and support staff.

1111 9th St. #250
Des Moines, IA 50314
Phone: 515-244-4341

Website: <https://iowa.preventblindness.org>

Toll Free: 800-329-8782

Iowa KidSight

A joint project of the Lions Clubs of Iowa and the Department of Ophthalmology & Visual Sciences at the University of Iowa Stead Family Children's Hospital, dedicated to enhancing the early detection and treatment of vision impairments in young children in Iowa communities through screening and public education. (6 months to Kindergarten)

2431 Coral Court #5
Coralville, IA 52241
Phone: 319-353-7616

Website: <https://medicine.uiowa.edu/kidsight>

Email: kidsight@uiowa.edu

InfantSee

Participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public services. Use below website to locate participating optometrists.

Website: www.infantsee.org

Grinnell Eye Care, PC

208 West St.
PO Box 420
Grinnell, IA 50112
Phone: 641-236-4002

Website: www.grinnelleeyecare.com

Jensen Optometrists PLLC

935 Broad St.
Grinnell, IA 50112
Phone: 641-236-7502

Website: www.jensenop.com

Poweshiek County Resource Directory

2018

Thank you to the following organizations for making this year's directory possible:

1st Five Program through Marion County Public Health Department

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Poweshiek County Resource Directory online version: www.marionph.org



Public Health
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If your organization or agency provides help to area families and would like to be listed in future editions or for any additions, corrections, or deletions to the current listing, please contact Marion County Public Health Department at 641-828-2238.