

Ringgold County Resource Directory



Ringgold County, Iowa 2018

Ringgold County Resource Directory online version:

www.marionph.org

County Offices Office	Location	Phone Number
Assessor	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3233
Attorney	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3235
Auditor	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3239
Clerk of Court	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3234
Conservation	2205 210 th St. Mt. Ayr, IA 50854	641-464-2787
Emergency Management	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3344
Engineer	707 S. Henderson Dr. Mt. Ayr, IA 50854	641-464-3232
General Assistance	119 S. Fillmore St. Mt. Ayr, IA 50854	641-464-0691
Public Health	119 S. Fillmore St. Mt. Ayr, IA 50854	641-464-0691
Recorder	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3231
Sheriff		641-464-3921
Supervisors	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3244
Treasurer	109 W. Madison St. Mt. Ayr, IA 50854	641-464-3230
Veteran's Affairs/Assistance	109 W. Madison St. Mt. Ayr, IA 50854	641-464-2397

Quick Reference Phone Guide

Affordable Healthcare – www.healthcare.gov	1-800-318-2596
AIDS Hotline	1-800-273-AIDS
Alcoholics Anonymous	1-515-282-8550
Alzheimer’s Disease Helpline	1-800-272-3900
American Association on Diabetes	1-800-232-3472
American Cancer Society	1-800-227-2345
American Council of the Blind	1-800-424-8666
American Foundation for the Blind	1-800-232-5463
American Heart Association	1-800-242-8721
American Kidney Fund	1-800-638-8299
A.R.C. (Association of Retarded Citizens of Iowa)	1-800-433-5255
American Red Cross	1-515-243-4054
Arthritis Foundation	1-844-571-HELP
Better Business Bureau (BBB) – www.bbb.org	1-703-276-0100
Boys Town National Hotline	1-800-448-3000
Child Find of America – 2 nd Line	1-800-426-5678
Child Find of America – Parents Help Line	1-800-AWAYOUT
Child/Adult Abuse/Neglect Reporting	1-800-362-2178
Child Care Complaint Hotline	1-844-786-1296
Children’s Wish Foundation	1-800-323-9474
COMPASS for Disabled People (Iowa)	1-800-779-2001
Disability Rights IOWA (Iowa Protection & Advocacy)	1-800-779-2502
Deaf Iowans Against Abuse Hotline	cell to cell text 515-661-4015 or 1-319-531-7719
Office of Deaf Services of Iowa – www.deafservices.iowa.gov	1-888-221-3724
Dependent Adult and Child Abuse	1-800-362-2178
Dependent Adult/Child Referral	1-800-362-2178
Domestic Abuse Hotline	1-800-400-4884
Dyslexia Association (International)	1-800-222-3123
Easter Seal Society of Iowa, Inc.	1-515-289-1933
Epilepsy Foundation	1-800-332-1000
Eye Care – National Help Line	1-877-887-6327
Family Planning	1-800-452-3365
Family Violence (Crisis Intervention Services)	1-800-270-1620
Farm – On (Iowa Concern Hotline)	1-800-447-1985
Federal Insurance Consumer Help Line (Insurance Information Institute - www.iii.org)	1-800-942-4242
First Call for Help (United Way 211 Line)	1-515-246-6555
Foundation Through Crisis	1-800-332-4224
Gambling Hotline	1-800-BETSOFF
G.E.D. or High School Equivalency Diploma (adult basic education)	1-800-316-6850
Hawk – I (Free or Low-Cost Health Coverage for Kids)	1-800-257-8563
Hay Hotline (Hay & Straw selling list for producers to buy from-call to add your product)	1-800-383-5079
Health Information Resource Center – www.health.gov/nhic	1-240-453-8280
Healthy Families Hotline (ISU)	1-800-369-2229
Health and Human Services Information (Iowa Dept. of Human Services)	1-800-972-2011
Hearing & Speech Action (National Association for Hearing and Speech Action)	1-800-638-8255
Hearing Help Line (Better Hearing Institute)	1-800-EAR-WELL
Help Health Drug/Alcohol/Substance Abuse	1-800-662-HELP
Huntington’s Disease Society of America	1-800-345-4372
Iowa Attorney General – Consumer Protection	1-888-777-4590
Iowa Arson/Crime Hotline	1-800-532-1459
Iowa Commission for the Blind	1-800-362-2587
Iowa Commission on the Status of Women	1-800-558-4427
Iowa Compass (disabilities resources)	TTY 1-800-735-2942
Iowa Concern Hotline (ISU)	1-800-779-2001
	1-800-447-1985

Iowa Child Abuse Reporting Hotline	1-800-362-2178
Iowa Department of the Blind – www.blind.state.ia.us	1-800-362-2587
Iowa Department on Aging – www.iowaaging.gov	1-800-532-3213
Iowa Foundation of Medical Care (Telligen)	1-800-383-2856
Iowa Legal Aid – www.iowalegalaid.org	1-800-532-1275
Iowa Legal Aid (60 & older)	1-800-992-8161
Iowa Ombudsman (Report concerns on government agencies)	1-515-281-3592
Iowa One Call, 48hr notice required – www.iowaonecall.com	Call 811 or 1-800-292-8989
Iowa Sexual Assault Hotline	1-800-284-7821
Iowa Society to Prevent Blindness	515-244-4341 or 1-800-329-8782
Iowa State Bar Association (Locate a Lawyer) – www.iowabar.org	1-800-457-3729
Iowa State Patrol Emergency	1-800-525-5555
Iowa Victim Service Call Center text 'iowaHELP' to 20121 or www.survivorshelpline.org	1-800-770-1650
Iowa Workforce Development	1-800-562-4692
IRS (Assistance for Individuals)	1-800-829-1040
ISU Extension and Outreach	1-800-262-3804
Juvenile Diabetes Foundation (International)	1-800-533-2873
Legal Aid/Legal Services Corporation of Iowa	1-800-452-0007
Living Bank Organ Donation	1-800-528-2971
Lupus Foundation	1-800-558-0121
Lymphedema Network (National)	1-800-541-3259
Medical Alert/Connect America – www.MedAlert.net	1-800-215-4206
Medicare	1-800-633-4227 or 1-800-MEDICARE
Medicare/Social Security	1-800-772-1213
Mental Health Information and Referral (Emergency Assessment)	1-800-562-4944
Thursday's Child – www.thursdayschild.org	1-800-USA-KIDS
Motor Vehicle Information Center (Iowa DOT)	1-800-532-1121
Multiple Sclerosis Society	1-800-FIGHT MS
National Alcohol Hotline	1-800-252-6465
National Alliance for the Mentally Ill (NAMI)	1-800-950-6264
National Center of Missing and Exploited Children	1-800-THE LOST
National Council on Aging	1-571-527-3900
National Council on Alcoholism	1-800-NCA-CALL
National Down's Syndrome Society	1-800-221-4602
National Institute on Drug Abuse	1-800-729-6686
National Kidney Foundation	1-800-522-9559
National Reyes Syndrome Foundation	1-800-233-7393
Ombudsman/Iowa Citizens Aid TTY: 515-281-3592	1-515-281-3592
Parkinson's Disease (National Parkinson's Foundation)	1-888-426-6283 or 1-800-457-6676
Poison Control	1-800-222-1222
Refugee Services	1-800-362-2780
Scleroderma Foundation	1-800-722-HOPE
Senior Health Insurance Program (SHIIP)	1-800-351-4664
SIDS American Institute – www.SIDS.org	1-239-431-5425
Substance Abuse Information & Mental Health Treatment Referral	1-800-662-4357
State Civil Rights	1-800-457-4416
STI (STD) Resource Center Hotline	1-800-227-8922
Suicide Prevention Hotline	1-800-273-TALK
Teen Line (ISU extension)	1-800-443-8336
Venereal Disease	1-800-227-8922
Veteran's Information (National) – www.va.gov	1-800-827-1000
Vocational Rehab	1-800-532-1486
WIC (State)	1-800-532-1579

Index

Abuse & Prevention.....	5
Advocacy/Outreach/Referral.....	5
Assistance.....	6-7
Child Care.....	8
Chiropractic.....	8
Counseling & Consultation Services.....	8-9
Disability Services.....	9-10
Dentists.....	10
Disaster Assistance.....	11
Education.....	11-12
Elected Officials.....	12-13
Employment Services.....	14
Health Care Services & Medical Assistance.....	14
Hospice & Home Health.....	14-15
Hospitals & Clinics.....	15-16
Hotlines & Information.....	16-19
Housing.....	19
Legal Services.....	19
Medical Supplies.....	20
Nursing Homes, Assisted Living & Independent Living.....	20-21
Pharmacies.....	21
Public Health Programs.....	21-22
Senior Services.....	23-24
Support Groups.....	24
Transportation.....	25
Utilities & Water.....	25
Vision Care.....	25

ABUSE & PREVENTION

Iowa Department of Human Services

109 S. Main

Website: <http://dhs.iowa.gov>

Osceola, IA 50213

Phone: 641-342-3371

***Report Child Abuse 800-362-2178**

Bikers Against Child Abuse (BACA) Central Iowa Chapter

PO Box 41605

<http://iowa.bacaworld.org>

Des Moines, IA 50311

Phone: 515-789-0101

Crisis Intervention & Advocacy Center

24 Hour Toll Free Crisis Line; Emergency Shelter; Safety Planning; Individual Counseling; Group Counseling; Court Appointment; Hospital Accompaniment; Legal, Medical, and Personal Advocacy; Homeless Prevention and Assistance; Community Presentations and Training Programs, Early Intervention Program; Diversity Outreach Program; Domestic Abuse and Sexual Assault Response Team; Transitional Housing Program; Volunteer Program; Youth Prevention and Education; Domestic Abuse Intervention Program

PO Box 40

Adel, IA 50003

Phone: 515-993-4095

*** 24 Hour Crisis Line 800-400-4884**

Crossroads Behavioral Health Services

1003 Cottonwood Rd.

Website: <http://crossroadscreston.com>

Creston, IA 50801

Phone: 641-782-8457

ADVOCACY/OUTREACH/REFERRAL

Family Development & Self Sufficiency Program (FaDSS)

FaDSS helps families create opportunities for self-sufficiency through strengths-based assessment and referral services.

MATURA

207B North Elm

Creston, IA 50801

Phone: 641-782-8431

Interpretation Services – Iowa International Center

Phone: 515-282-8269 (option 5) code: 7092

Website: <http://iowainternationalcenter.org>

ASSISTANCE – Clothing

New Life Family Church – Open Closet

1st Saturday of the month – Free clothes, shoes, housewares.

1605 W. South St.

Mount Ayr, IA 50854

Phone: 641-464-3113

ASSISTANCE – Financial

Iowa Department of Human Services

109 S. Main

Website: <http://dhs.iowa.gov>

Osceola, IA 50213

Phone: 641-342-3371

Quad Counties 4 Kids Early Childhood Area

Preschool tuition assistance (3 year old, sliding fee income guidelines).

807 W. Columbus

Mount Ayr, IA 50854

Phone: 641-464-3186

ASSISTANCE – Food & Nutrition

Iowa Department of Human Services

109 S. Main

Website: <http://dhs.iowa.gov>

Osceola, IA 50213

Phone: 641-342-3371

Kellerton Food Pantry

Serves Ringgold, Decatur, Clarke, & Union Counties. Every Sunday from 12-2pm and the 3rd Tuesday of every month. Contact is Kathy Johnson. For emergency food call 641-414-5243.

Located at former Great Western Bank Building

Kellerton, IA 50133

Phone: 641-783-2583

MATURA Outreach Center – Food Pantry

306 Garfield St.

Mount Ayr, IA 50854

Phone: 641-464-2401

Women, Infants, & Children (WIC) MATURA

Mount Ayr Clinic is the 3rd Wednesday of every month at the Christian Church in Mount Ayr.

210 Russell St.

Creston, IA 50801

Phone: 641-782-8431

ASSISTANCE – General

Ministerial Association Fund

Area churches fund for prescriptions, gas for doctor visits, & utilities

202 N. Taylor
Mount Ayr, IA 50854
Phone: 641-464-2401

County General Assistance

Ringgold Co. Public Health
119 S. Fillmore
Mount Ayr, IA 50854
Phone: 641-464-0691

MATURA Outreach Center

306 Garfield St.
Mount Ayr, IA 50854
Phone: 641-464-2401

Website: www.maturacommunityaction.maturaact.org

Adams Quality Cleaning

707 E Van Buran
Mount Ayr, IA 50854
Phone: 641-464-2001

ASSISTANCE – Utilities

MATURA

Low Income Heat Energy Assistance Program (LIHEAP) for weatherization assistance and utility assistance

306 Garfield St.
Mount Ayr, IA 50854
Phone: 641-464-2401

CHILD CARE – Child Care Centers

Family Resource Center

302 N. Lincoln St.
Mount Ayr, IA 50854
Phone: 641-464-3385

Tina's Tots

403 W. 2nd St.
Diagonal, IA 50845
Phone: 641-234-0202

CHILD CARE – Finding and Doing Child Care

Child Care Resource & Referral

Provides parents with child care referrals and tips on choosing child care programs. Also offers consultation, training, information and resources to home providers, centers and preschools. Can assist with starting a child care center or home business.

701 10th St.

Website: <https://iowaccrr.org>

PO Box 709

Harlan, IA 51537

Phone: 800-945-9778

CHILD CARE – Preschools

- ***See Education – Preschool, Elementary, Middle and High School***

CHIROPRACTIC

Hemann Chiropractic Clinic

201 W. South

Mount Ayr, IA 50854

Phone: 641-464-2000

COUNSELING & CONSULTATION SERVICES

Community Health Centers of Southern Iowa

302 NE 14th St.

Website: <http://chcsi.org>

Leon, IA 50144

Phone: 641-446-2383 or 855-466-0822

Mosaic Family Counseling Center

United Baptist Presbyterian Church

Website: www.mosaicfamilyinc.com

2343 US Highway 169

Mount Ayr, IA 50854

Phone: 641-782-0082

Crossroad Behavioral Health Services

1003 Cottonwood

Website: <http://crossroadscreston.com>

Creston, IA 50801

Phone: 641-782-8457

CROSS Mental Health Region

119 S. Fillmore

Website: <https://crossmentalhealth.org>

Mount Ayr, IA 50854

Phone: 641-464-0691

**Crisis Helpline: 844-430-8520*

Phipps Family Therapy

505 E. Taylor
Creston, IA 50801
Phone: 641-782-2223

Children & Families of Iowa

115 W. McLane St.
Osceola, IA 50213
Phone: 641-342-3444

Website: www.cfiowa.org

New Beginnings

709 Cottonwood Rd.
Creston, IA 50801
Phone: 641-278-1095

Next Step Counseling Services

Looking to have a location in Mt Ayr soon
3812 Ingersoll Ave. Suite 204
Des Moines, IA 50312
Phone: 641-202-2104

TEAM Restoration Counseling

1473 195th Ave.
Osceola, IA 50213
Phone: 515-238-9010

** Also serving at Trinity Lutheran Church on Hwy. 2 between Kellerton & Decatur City*

DISABILITY SERVICES

Child Health Specialty Clinics

904 E. Taylor Suite B
Creston, IA 50801
Phone: 641-782-9500

Website: <https://chsciowa.org>

Ringgold County Supportive Services

Adult special needs day program
507 S. Henderson Dr.
Mount Ayr, IA 50854
Phone: 641-464-2067

Iowa Focus

105 W. Adams St. Suite A
Creston, IA 50801
Phone: 641-782-4478

Website: <http://iowafocus.com>

Iowa Vocational Rehabilitation Services

1501 W. Townline Rd.
Creston, IA 50801
Phone: 641-782-8538

Southern Iowa Resources for Families (SIRF)

201 W. Monroe
Creston, IA 50801
Phone: 641-782-4170

Innovative Industries

215 Walnut
Creston, IA 50801
Phone: 641-782-8495

Website: <http://innovative-industries.org>

Specialized Support Services

119 N. Elm St.
Creston, IA 50801
Phone: 641-782-4119

DENTISTS**Community Health Centers of Southern Iowa**

302 NE 14th St.
Leon, IA 50144
Phone: 641-446-2383 or 855-466-0822

Website: <http://chcsi.org>

Southside Dental

5921 SE 14th St. Suite 1500
Des Moines, IA 50320
Phone: 515-287-4759

Website: <http://southsidedentalclinic.com>

DISASTER ASSISTANCE

American Red Cross

Serving the Iowa Region

2116 Grand Ave.

Des Moines, IA 50312

Phone: 515-243-4054

Website: www.redcross.org

EDUCATION – Family Based

Parents As Teachers

Provide information, support, and encouragement to parents to help their children develop optimally in the first crucial years of life.

Ringgold County Public Health

119 S. Fillmore

Mount Ayr, IA 50854

Phone: 641-464-3186

Website: www.rcph.net

EDUCATION – Preschool, Elementary, Middle and High School

Family Resource Center

302 N. Lincoln St.

Mount Ayr, IA 50854

Phone: 641-464-3385

Mount Ayr Community Schools

1001 E. Columbus St.

Mount Ayr, IA 50854

Phone: 641-464-0500

Website: www.mtayrschools.org

Mount Ayr Junior & Senior High School

1001 E. Columbus St.

Mount Ayr, IA 50854

Phone: 641-464-0512

Mount Ayr Elementary

607 E. Jefferson

Mount Ayr, IA 50854

Phone: 641-464-0539

Diagonal Community Schools

403 W. 2nd St.

Diagonal, IA 50845

Phone: 641-734-5331

Website: www.diagonal.k12.ia.us

EDUCATION – College

Southwestern Community College

1501 W. Townline St.

Creston, IA 50801

Phone: 641-782-7081 or 800-247-4023

Website: www.swcciowa.edu

Graceland University

Educational Talent Search & TRIO Program

1 University Pl.

Lamoni, IA 50140

Phone: 641-784-5000

Website: www.graceland.edu

EDUCATION – Special Services

Green Hills Area Education Agency

257 Swan St.

Creston, IA 50801

Phone: 844-366-0503

Website: www.ghaea.org

ELECTED OFFICIALS

City Halls

Clearfield City Hall

401 Broadway St.

Clearfield, IA 50840

Phone: 641-336-2479

Diagonal City Hall

308 Broadway St.

Diagonal, IA 50845

Phone: 641-734-5491

Kellerton City Hall

108 S. Decatur St.

Kellerton, IA 50133

Phone: 641-783-2321

Mount Ayr City Hall

200 S. Taylor St.

Mount Ayr, IA 50854

Phone: 641-464-2402

US Senators

Senator Joni Ernst

Des Moines Office
733 Federal Bldg.
210 Walnut St.
Des Moines, IA 50309
Phone: 515-284-4574
Fax: 515-284-4937

Washington DC Office
111 Russell Senate Office Bldg.
Washington, DC 20510
Phone: 202-224-3254
Fax: 202-224-9369
Website: www.ernst.senate.gov

Senator Chuck Grassley

Des Moines Office
721 Federal Bldg.
210 Walnut St.
Des Moines, IA 50309
Phone: 515-288-1145
Fax: 515-288-5097

Washington DC Office
135 Hart Senate Office Bldg.
Washington, DC 20510
Phone: 202-224-3744
Fax: 202-224-6020
Website: www.grassley.senate.gov

US Representative

Representative David Young

Creston Office
208 W. Taylor St.
Creston, IA 50801
Phone: 641-782-2495

Washington DC Office
1527 Longworth House Office Bldg.
Washington, DC 20515
Phone: 202-225-6576
Fax: 202-226-0757

State Senator

Mark Costello

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3371
Fax: 515-242-6108

Website: www.legis.state.ia.us

State Representative

Cecil Dolecheck

1007 E. Grand Ave.
Des Moines, IA 50319
Phone: 515-281-3221
Fax: 515-281-5868

Website: www.legis.state.ia.us

EMPLOYMENT SERVICES

Iowa Workforce Development

215 N. Elm St.
Creston, IA 50801
Phone: 641-782-2119

Website: www.iowaworkforcedevelopment.gov

Iowa Vocational Rehabilitation Services

1501 W. Townline St.
Creston, IA 50801
Phone: 641-782-8538

Website: www.ivrs.iowa.gov

HEALTH CARE SERVICES & MEDICAL ASSISTANCE

Mercy Lactation Consultants

Mercy Women & Infants' Center
1111 6th Ave.
Des Moines, IA 50314
Phone: 515-358-2082

Unity Point Lactation Services

Unity Point Health
1200 Pleasant St.
Des Moines, IA 50309
Phone: 515-241-6570

Dietitian & Diabetic Education

Ringgold County Hospital
504 N. Cleveland
Mt. Ayr, IA 50854
Phone: 641-464-4470

Hospital Phone: 641-464-3226

Iowa Department of Human Services

109 S. Main
Osceola, IA 50213
Phone: 641-342-6516

Website: <http://dhs.iowa.gov>

HOSPICE & HOME HEALTH

Hospice Home

Greater Regional Medical Center
1700 W. Townline St.
Creston, IA 50801
Phone: 641-782-7091

Website: www.greaterregional.org

Hospice HCI Care Services of Southern Iowa

107 S. Fillmore St.
Mount Ayr, IA 50854
Phone: 641-464-2088

Website: www.hcicare.services.org

Home Health Services

Ringgold County Public Health
119 S. Fillmore
Mount Ayr, IA 50854
Phone: 641-464-0691

Website: www.rcph.net

HOSPITALS & CLINICS

Child Health Specialty Clinics

904 E. Taylor Suite B
Creston, IA 50801
Phone: 641-782-9500

Website: <https://chsciowa.org>

Crain Medical Clinic

207 N. Taylor St.
Mount Ayr, IA 50854
Phone: 641-464-3911

Community Health Centers of Southern Iowa

302 NE 14th St.
Leon, IA 50144
Phone: 641-446-2383 or 855-466-0822

Website: <http://chcsi.org>

LC Clinic

All free & confidential STI testing & treatment, pregnancy tests, limited ultrasounds, options information, sexual health education, community referrals, abortion recovery support, material assistance.

1109 S. Sumner St.
Stuart, IA 50250
Phone: 641-782-2150

Website: www.iowalclinic.org

Mount Ayr Medical Clinic

504 N. Cleveland
Mount Ayr, IA 50854
Phone: 641-464-4470

Website: www.rchmtayr.org

Ringgold County Hospital

Offering a full range of acute care & outpatient services. General, Laparoscopic & Vascular surgery; Emergency Room; Emergency Medical Services; Cardiac Rehab; Pulmonary Rehab; Respiratory Therapy & Sleep Studies; Physical Therapy; Radiology-CT Scan; Mammography; Ultrasound, MRI, PET Scan & Nuclear Medicine; Nailcare; as well as Visiting Physicians Clinics for Audiology, Cardiology, Dermatology, Nephrology, Oncology, Orthopedic, Urology & Vascular.

504 N. Cleveland
Mount Ayr, IA 50854
Phone: 641-464-3226

Website: www.rchmtayr.org

HOTLINES & INFORMATION

2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Simply dial 2-1-1 on your phone.

Phone: 2-1-1

Website: www.211iowa.org

AIDS Information Hotline

The AIDS hotline answers questions and provides information about resources related to HIV/AIDS treatment.

Phone: 800-448-0440

Website: www.aids.gov

Al-Anon Hotline

Al-Anon helps family and friends of alcoholics cope with the effects of living with a problem drinker. Alateen is the recovery program for young people.

Phone: 1-888-4AL-ANON (1-888-425-2666)

Website: www.al-anon.alateen.org

Business Office: 757-563-1600

Fax: 757-563-1655

Americans with Disabilities (ADA) Hotline

ADA specialists provide information regarding the Americans with Disabilities Act, answer specific questions, offer free ADA materials, and assist with filing complaints.

Phone: 800-514-0301

Website: www.ada.gov

Gay and Lesbian National Hotline

Offers confidential telephone and email peer-counseling to callers of all ages regarding coming-out issues, relationship concerns, HIV/AIDS, and safer-sex information.

Phone: 888-THE-GLNH (888-843-4564) Website: www.glbthotline.org

Central Iowa Crisis Line

Central Iowa Community Services has contracted to provide a Crisis Phone Line for residents living in a 10-county area, including Jasper County. People can call for a variety of reasons including: a major loss, such as the death of a loved one, a divorce or a serious illness, or it could be a series of smaller problems that have compounded and become overwhelming. A crisis is any stress or pressure that has become too great for a person to cope with alone. Trained, compassionate telephone counselors are available 24 hours a day, 365. All contacts are confidential.

Toll-Free Crisis Line: 844-258-8858

Online Chat Counseling: www.Foundation2CrisisChat.org

* Available Monday-Friday, 9am to 3pm

Text Support: 800-332-4224

* Available Monday-Friday, 9am to 3pm

Iowa Compass Hotline

Provides information and referrals about disability related services and programs.

Phone: 800-779-2001

Website: www.iowacompass.org

Iowa Gambling Treatment Program

Offers the following services to individuals with a gambling addiction: assessment and evaluation, individual or group counseling, transitional housing, distance treatment, financial counseling, financial aid, confidentiality, and emergency assistance.

Phone: 800-BETS-OFF

Website: www.1800betsoff.org

Iowa Healthy Family Hotline

Provides health information and referrals for pregnancy, immunizations, and other family related issues.

Phone: 800-369-2229

Lawyer Referral Services Hotline

Call this number to be referred to a local lawyer.

Phone: 800-532-1108

Website: www.iowafindalawyer.com

Legal Hotline for Older Iowans (60+)

Phone: 800-992-8161

Medline Plus

Produced by the National Library of Medicine and offers information about diseases, conditions, and wellness issues.

Website: www.medlineplus.gov

National Alliance on Mental Illness Helpline

Offers general information about mental illness, referrals to local affiliates and support groups, and volunteer support.

Phone: 800-950-6264

Website: www.nami.org

National Council on Alcoholism and Drug Dependence Hope Line

Offers referrals to local affiliate offices, as well as provides information about alcoholism and drug dependence.

Phone: 800-622-2255

Website: www.ncadd.org

Mental Health America

Information and literature regarding mental illness is provided to professionals and the general public.

Phone: 800-969-6642

Website: www.mentalhealthamerica.net

National Life Center

Provides compassionate guidance and counseling to any woman or girl facing pregnancy. Services offered include assistance finding medical, legal, or psychological help shelter, education, and adoption guidance as desired.

Phone: 800-848-5683

Website: www.nationallifecenter.com

National Runaway Switchboard

24-hour crisis line serving teenagers thinking of running away or who have run away and want to return home. Also provides information to adults about how to help someone who may be at risk of running, and to teachers to pass along to students about youth homelessness and life on the streets.

Phone: 800-RUNAWAY or 800-786-2929

Website: www.1800runaway.org

National Suicide Prevention Lifeline

Available to anyone in suicidal crisis or emotional distress providing crisis counseling or mental health referrals.

Phone: 800-273-TALK or 800-273-8255

Website: www.suicidepreventionlifeline.org

Rape, Abuse & Incest National Hotline (RAINN)

RAINN anonymously and automatically connects sexual assault victims with the nearest rape crisis center and a counselor who is able respond to the call.

Phone: 800-656-HOPE or 800-656-4673 Website: www.rainn.org

Quitline Iowa

Quitline Iowa is a free program that provides helpful tools, information and support in helping you quit all forms of tobacco.

Phone: 800-784-8669

Website: www.quitlineiowa.org

Q Link Wireless

Provides a free smartphone with free monthly calling, unlimited texting, and free data through a special government benefit program called "Lifeline" which is available to eligible low-income consumers.

Phone: 855-Q-Link43

Website: qlinkwireless.com

HOUSING – Subsidized & Low Income

Southern Iowa Council of Governments (SICOG)

101 E. Montgomery St.

Website: www.sicog.com

Creston, IA 50801

Phone: 641-782-8491

Southern Iowa Regional Housing (SIRHA)

219 N. Pine St.

Website: www.sirha-ia.org

Creston, IA 50801

Phone: 641-782-8585

MATURA

Homeless prevention/crisis programs and Homeless prevention and rapid Re-housing

306 Garfield St.

Mount Ayr, IA 50854

Phone: 641-464-2401

LEGAL SERVICES

Juvenile Court Services

211 N. Elm St. Suite B

Website: www.iowacourts.gov

Creston, IA 50801

Phone: 641-782-2519

Legal Aid of Iowa

112 E. 3rd St.

Website: www.iowalegalaid.org

Ottumwa, IA 52501

Phone: 800-532-1275

Iowa Mediation Services

226 N. Pine

Website: www.iowamediationservices.com

Creston, IA 50801

Phone: 641-782-7329

MEDICAL SUPPLIES

American Prosthetics & Orthotics

Steve Galluzzo serves via Ringgold County Hospital. Doctor encounter must meet requirements. Notes go to American Prosthetics & Orthotics, who will call client for the appointment.

1250 NW 142nd St.

Website: <http://apoinc.com>

Clive, IA 50325

Phone: 515-223-9000

ActivStyle

Home delivered medical supplies

Corporate Headquarters

Website: www.activstyle.com

1701 Broadway St. NE

Minneapolis, MN 55413

Phone: 800-651-6223

Apria Healthcare

701 W. Townline Suite B

Website: www.apria.com

Creston, IA 50801

Phone: 641-782-6892

Hammer Medical Supply

609 W. Taylor

Website: www.hammermedical.com

Creston, IA 50801

Phone: 641-782-7995 or 800-496-2700

NuCara Pharmacy

107 N. Main St.

Website: <https://nucara.com>

Lenox, IA 50851

Phone: 641-333-2260

Fax: 641-333-2506

NURSING HOMES, ASSISTED & INDEPENDENT LIVING

Clearview Estates Assisted Living

500 W. Columbus

Website: www.clearviewhome.net

Mount Ayr, IA 50854

Phone: 641-464-0651

Clearview Home

406 W. Washington St.

Website: www.clearviewhome.net

Mount Ayr, IA 50854

Phone: 641-464-2240

Mount Ayr Health Care Center

1504 E. South St.
Mount Ayr, IA 50854
Phone: 641-464-3204

Maple Ridge Assisted Living

1500 E. South St.
Mount Ayr, IA 50854
Phone: 641-464-3204

Afton Care Center

504 W. Pearl St.
Afton, IA 50830
Phone: 641-347-8416

PHARMACIES

Community Health Centers of Southern Iowa

302 NE 14th St. Website: <http://chcsi.org>
Leon, IA 50144
Phone: 641-446-2383 or 855-466-0822

Shopko Pharmacy

201 N. Fillmore
Mount Ayr, IA 50854
Phone: 641-464-3414

PUBLIC HEALTH PROGRAMS

Ringgold County Public Health

Offers immunizations, home health services, environmental health services, and a Parents as Teachers program
119 S. Fillmore Website: www.rcph.net
Mount Ayr, IA 50854
Phone: 641-464-0691

Care for Yourself Women's Health Program

Provides free mammograms, pap tests, breast and cervical diagnostic testing, and one yearly office visit to women ages 40 to 64 who are uninsured or under-insured, or women who have breast cancer symptoms
Iowa Department of Public Health Website: <https://idph.iowa.gov/cfy>
Contact: Jolene Carver
Phone: 866-339-7909

I-Smile™

Dental services for 0-21 or pregnant women. Can also provide assistance with dental insurance and finding a dentist.

Marion County Public Health Department

2003 N. Lincoln

Knoxville, IA 50138

Phone: 641-828-2238

Website: www.marionph.org

Fax: 641-842-3442

**Find us on Facebook – Marion County Public Health Department*

Maternal, Child & Adolescent Health

This program assists in finding healthcare coverage and healthcare providers or dentists, provides education to promote a healthy pregnancy, evaluates emotional stress and family adjustment to pregnancy and parenting, arranges transportation to medical and dental appointments, provides nutritional education, and a home visit after you deliver your baby.

Marion County Public Health Department

2003 N. Lincoln

Knoxville, IA 50138

Phone: 641-828-2238

Website: www.marionph.org

Fax: 641-842-3442

**Find us on Facebook – Marion County Public Health Department*

1st Five Program

1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental and family risk-related factors in children birth to 5 years and coordinates referrals and interventions.

Marion County Public Health Department

2003 N. Lincoln

Knoxville, IA 50138

Phone: 641-828-2238

Website: www.marionph.org

Fax: 641-842-3442

**Find us on Facebook – Marion County Public Health Department*

Hawk-I (Healthy & Well Kids in Iowa) & Hawk-I Dental Only

To qualify, a child must live in Iowa and: be under 19 years old; have no other health insurance be a citizen of the United States or a qualified alien; be in a family that meets the hawk-I income limits; cannot be a dependent of a State of Iowa employee; children who qualify for Medicaid cannot get hawk-I.

Marion County Public Health Department

2003 N. Lincoln

Knoxville, IA 50138

Phone: 641-828-2238

Website: www.hawk-i.org

Fax: 641-842-3342

**Find us on Facebook – Marion County Public Health Department*

SENIOR SERVICES

Senior Life Solutions

Intensive outpatient program that serves people 65 and older who have mental illness.

504 N. Cleveland
Mt. Ayr, IA 50854
Phone: 641-464-4468

Mom's Meals

Vacuum sealed and frozen; heat up in microwave, includes drinks and dessert. Many menu options.

3210 SE Corporate Woods Dr. Website: www.momsmeals.com
Ankeny, IA 50021
Phone: 877-508-6667

GA Foods

Vacuum sealed and frozen; heat up in microwave, includes drinks and dessert. Has to be 7 meals/week.

Phone: 727-573-2211 Website: www.sunmeadow.com

Clearview Nursing Home – Mount Ayr

Deliver 7 days/week, 2 times/day; hot meal for lunch and supper

Phone: 641-464-2240

Mount Ayr Health Care Nursing Home

Deliver 7 days/week, 2 meals delivered at noon; hot meal for lunch, brown bag for supper

Phone: 641-464-3204

Mount Ayr Senior Meal Site

Trinity Lutheran Church
1111 E. South S.
Mount Ayr, IA 50854
Phone: 641-464-2190

Tingley Senior Meal Site

Community Hall
111 W. Main St.
Tingley, IA 50863
Phone: 641-772-4499

Aging Advocates Case Management Services

1100 N. Hickory Blvd. Suite 107 Website: www.agingadvocates.org
Pleasant Hill, IA 50327
Phone: 515-244-3070 or 855-323-5270

Connect America

Offers personal emergency response system, medication adherence products, and telehealth.

Regional Manager – Jerri McCracken

228 Third St.

PO Box 220

Parkersburg, IA 50665

Phone: 319-231-0932 or 800-215-4208

Senior Health Insurance Information Program

Ringgold County Hospital

504 N. Cleveland

Mount Ayr, IA 50854

Phone: 641-464-3226

Website: www.shiip.state.ia.us

Connections Area Agency on Aging

109 N. Elm St.

Creston, IA 50801

Phone: 800-432-9209

Website: www.connectionsaaa.org

Decatur County Community Services

Elderly Waiver Case Management

201 NE Idaho St.

Leon, IA 50144

Phone: 641-446-7178

Ringgold County Senior Center

110 N. Taylor

Mount Ayr, IA 50854

Phone: 641-464-0577

SUPPORT GROUPS

AA Meeting

202 N. Taylor

Mount Ayr, IA 50854

Phone: 641-464-2401

TRANSPORTATION

Southern Iowa Trolley

Provides door to door service in seven Southwest Iowa counties. It has provided riders of all ages the ability to get around town on their own. Riders can set up an appointment in advance or same day service is also available. Tickets can be purchased from the driver or in dispatch office. Cash and checks are accepted.

215 E. Montgomery St.

Website: www.southerniowatrolley.org

Creston, IA 50801

Phone: 641-782-6571 or 866-782-6571

UTILITIES & WATER

City of Mount Ayr

Waterworks & Waste Services

200 S. Taylor St.

Mount Ayr, IA 50854

Phone: 641-464-2604

Alliant Energy

Phone: 800-255-4268

Website: www.alliantenergy.com

Southern Iowa Rural Water

1391 190th St.

Website: www.sirwa.org

Creston, IA 50801

Phone: 641-782-5744

Southwest Iowa Rural Electric Company

1502 W. South St.

Website: www.swiarec.coopwebbuilder.com

Mt. Ayr, IA 50854

Phone: 641-464-2369 or 888-220-4869

VISION CARE

Family Vision Center

102 N. Fillmore

Website: <http://visionsource-fvcmountayr.com>

Mount Ayr, IA 50854

Phone: 641-464-2813

Ringgold County Resource Directory

2018

Thank you to the following organizations for making this year's directory possible:

1st Five Program through Marion County Public Health Department

·For funding and coordinating this project

Ringgold County Resource Directory online version: www.marionph.org



Public Health
Prevent. Promote. Protect.

If your organization or agency provides help to area families and would like to be listed in future editions or for any additions, corrections, or deletions to the current listing, please contact Marion County Public Health Department at 641-828-2238.